

Riverwood Therapeutic Riding Center Summer Session

Our 8-week summer session will take place June 15th- August 7th, 2020. Please read class descriptions carefully and contact the Riverwood office ASAP for registration forms and to reserve your spot.

Class Descriptions

Community Based Learning for Teens and Young Adults:

Community based instruction is defined as, “educational **instruction** in naturally occurring **community** environments providing students real life experiences”. This is an ideal learning opportunity for teens (age 14 and up) and adults with special needs who are seeking employment or higher education as a part of their future. This program will involve consistent interaction with the miniature horses but will not be a riding lesson format. Although this is an unmounted class, some sessions may require students lifting items as large as 20 pounds and/or being on their feet for 30 minutes or more. Special accommodations will be made for individuals who use a wheelchair, or with physical special needs.

In addition to learning alongside the horses, students will plan a “socially distant” farmer’s market that will take place on the final week of the program, and practice job and life skills in Riverwood’s farm store, the Coop. Our goal is to provide a variety of hands on learning opportunities to help students acquire the skills to live and thrive in the world today. This will include, but is not limited to, working with a supervisor to learn and understand how to do certain farm and equine related tasks, learning to adhere to expectations within a time-frame, following a list of tasks, how to interact with customers, and learning new skills both physical and educational. Instructors will also address the new social and work-related challenges that the COVID-19 crisis has presented, and ways to adapt and cope with these challenges. Community Based Learning will take place on Wednesday mornings from 9:30 to 11:30 AM (*updated from 8:30-10:30*). The cost of this 2-hour program for 8 weeks is \$360 for new students, and \$272 for students who are also enrolled in therapeutic riding. Space is limited to 4 students per group.

Summer Intensive Learning Sessions:

A four-day course for students who are interested in learning more about horses and riding by being fully immersed in the farm life for several hours at a time.

Elementary Aged Children: For students who are ready to learn more about taking care of horses and improving their beginner riding skills. Students will have their “own” horse for the week. Fun and educational tasks will be interspersed with lots of riding and horse time! Social opportunities in a safe and unique environment make this a very popular part of our summer programs. The cost is \$275.00. Spaces are filled on a first come first served basis, and are limited to 6 participants.

Middle/High School Youth: For students who ride independently or with minimal assistance, and are interested in advancing their riding skills while becoming more involved in horse and farm care. Students will ride each day and have their “own” horse for the week. Some of the activities will include feeding, grooming, general farm care and education, riding, equine health care, farm exploration and environmental awareness, fun educational games and great social opportunities. The cost is \$275.00. Spaces are

filled on a first come first served basis, and are limited to 6 participants.

***To comply with recommendations from the CDC regarding COVID-19, Riverwood will have enhanced safety and cleaning policies in place. Families will receive written information on these policies before the summer session begins.**