

## Riverwood Therapeutic Riding Center Summer Session

Our 8-week summer session will take place June 15<sup>th</sup>- August 7<sup>th</sup>, 2020. Please read class descriptions carefully and fill out the registration form completely before mailing to:

**Riverwood Therapeutic Riding Center, 6825 Rolling View Drive Tobaccoville, NC, 27050**

*Please remember that spaces are filled on a first come, first served basis and fill quickly. You will receive an email notice when your registration is received. Student's riding schedules will be emailed on Monday, June 1<sup>st</sup>. If you have any questions, feel free to contact us at (336)-922-6426 or [info@riverwoodtrc.org](mailto:info@riverwoodtrc.org)*

### Class Descriptions

#### Therapeutic and Able-Bodied Riding Lessons:

The cost is \$272 for an 8-week session of weekly one-hour lessons. Riders will be grouped together based on age, ability and riding skills. Beginner through intermediate riders as young as 3 through adults are welcome to enroll. This program is open to both exceptional and typically developing individuals and is a perfect opportunity for siblings, families, or friends to ride together! Adult lessons are perfect for those interested in forming a deeper connection with our horses, and will accommodate those who would like to ride after work hours. All classes are taught by certified therapeutic riding instructors and are goal oriented with lots of fun and education at each lesson! **Due to safety parameters for our horses, we must limit weight of riders to 180 lbs. or less.**

#### Ground School Program:

New to the farm this summer is Riverwood's 8-Week Ground School program! Lessons will be unmounted and focus on strengthening horse-human relationships, increasing peer interaction, and providing important learning opportunities. Our commitment to the horse and human relationship has led us to seek out a well-tested curriculum that was developed and has been successfully implemented by many of our colleagues. The curriculum covers topics such as grooming, leading, horse care, horse body language and communication, and so much more!

#### Community Based Learning for Teens and Young Adults:

Community based instruction is defined as, "educational **instruction** in naturally occurring **community** environments providing students real life experiences". This is an ideal learning opportunity for teens (age 14 and up) and adults with special needs who are seeking employment or higher education as a part of their future. This program will involve consistent interaction with the miniature horses but will not be a riding lesson format. In addition, students will plan a farmer's market and have multiple opportunities to practice customer service and interacting with the public in The Coop, Riverwood's farm store. Our goal is to provide a variety of hands on learning opportunities to help students acquire the skills to live and thrive in the world today. This will include, but is not limited to, working with a supervisor to learn and understand how to do certain farm and equine related tasks, learning to adhere to expectations within a time-frame, following a list of tasks, interacting with the public at Riverwood, and learning new skills both physical and educational. Although this is an unmounted class, some sessions may require students lifting items as large as 20 pounds and/or being on their feet for 30 minutes or more. Special accommodations will be made for individuals who use a wheelchair, or with physical special needs. Students may choose between Mondays from 4:30-6:30 PM or Wednesdays from 8:30-10:30 AM. The cost of this 2-hour program for 8 weeks is \$360 for new students, and \$272 for students who are also enrolled in therapeutic riding. Space is limited to 6 students per group.

#### Summer Intensive Learning Sessions:

A four-day course for students who are interested in learning more about horses and riding by being fully immersed in the farm life for several hours at a time.

**Elementary Aged Children:** For students who are ready to learn more about taking care of horses and improving their beginner riding skills. Students will have their "own" horse for the week. Fun and educational tasks will be interspersed with lots of riding and horse time! Social opportunities in a safe and unique environment make this a very popular part of our summer programs. The cost is \$275.00. Spaces are filled on a first come first served basis, and are limited to 6 participants.

**Middle/High School Youth:** For students who ride independently or with minimal assistance, and are interested in advancing their riding skills while becoming more involved in horse and farm care. Students will ride each day and have their "own" horse for the week. Some of the activities will include feeding, grooming, general farm care and education, trail riding, equine health care, farm exploration and environmental awareness, fun educational games and great social opportunities. The cost is \$275.00. Spaces are filled on a first come first served basis, and are limited to 6 participants.

### Summer 2020 Registration Form

Participant Name: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Typical \_\_\_ Special Needs \_\_\_ Diagnosis \_\_\_\_\_

Parent or Guardian Name: \_\_\_\_\_

Address: (please include city and zip code) \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Have you ridden at Riverwood in the past 12 months? Y N

**Due to safety parameters for our horses, we must limit weight of riders to 180 lbs. or less.**

I am registering for the 8-week summer riding session

I am registering for the 8-week Ground School Program

Riverwood will place riders in a class most appropriate for their social, physical and emotional well-being:

**Circle your preference:** 1 hr. Group Class AM    1 hr. Group Class PM    30 min. Private Lesson (limited) AM or PM

**Circle days NOT available:** Mondays Tuesdays Wednesdays Thursdays Fridays

I am registering for the 8-week Community Based Learning Program. **(Circle Session Choice)**

Mondays 4:30-6:30 PM (Farmer's Market on 8/3)

Wednesdays 8:30-10:30 AM (Farmer's Market on 8/5)

I am registering for the Summer Intensive Learning Session. Please check the correct session:

Elementary Age (August 10<sup>th</sup>-13<sup>th</sup> from 8:30 AM- 12:30 PM)

Middle/High School Age (August 17<sup>th</sup>-20<sup>th</sup> from 8:30 AM- 1:30 PM)

**Please list the program you are registering for in the boxes below:**

If you have never ridden at Riverwood before, you will be required to pay a \$15 registration fee per family to cover paperwork and administrative fees.

My payment is included: Cash (amount) \_\_\_\_\_ or Check (Number and amount) \_\_\_\_\_

Signature: \_\_\_\_\_

**ALL RIDERS MUST HAVE A COMPLETED PACKET OF FORMS AND MEDICAL RELEASE, REGARDLESS OF AGE OR DIAGNOSIS. Upon receipt of registration and payment, you will receive the necessary paperwork needed for riding to take place.**

Deadline for registration and final payment is Monday, June 1<sup>st</sup> however, please return your **registration form** as soon as possible to receive your preferred riding day and time. If you must cancel registration, after June 1<sup>st</sup>, an 80% refund will be given only if the spot can be filled off the waiting list.

**\*If cancellation of the summer session is required due to COVID-19, all participants will be given a full refund or have the balance credited to their account with Riverwood.**