

# 2014 Annual Report



# About Riverwood

Riverwood is a non-profit, premier accredited therapeutic riding center located in Tobaccoville, North Carolina. It is our mission to provide equine assisted activities and farm based and environmental learning opportunities to children and adults with special needs. All instructors hold a PATH (Professional Association of Therapeutic Horsemanship) International certification and are dedicated to providing quality and professional instruction; our programs foster personal development and encourage each individual student to achieve short and long-term life goals, all while forming lasting healthy relationships. We have striven to improve the quality of life in individuals with physical, emotional, social, and developmental challenges for 20 years.

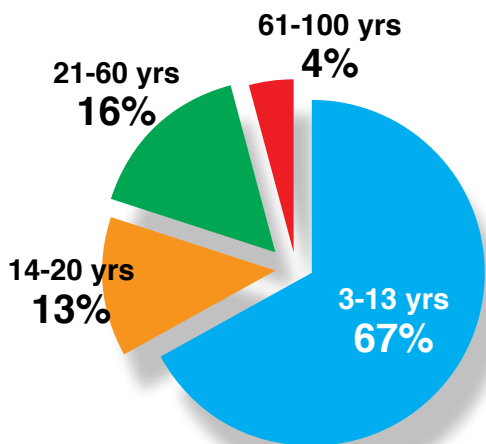
## Our Vision

Facilitate healing, acceptance, and growth for those with special needs through a partnership with equines and the natural world.

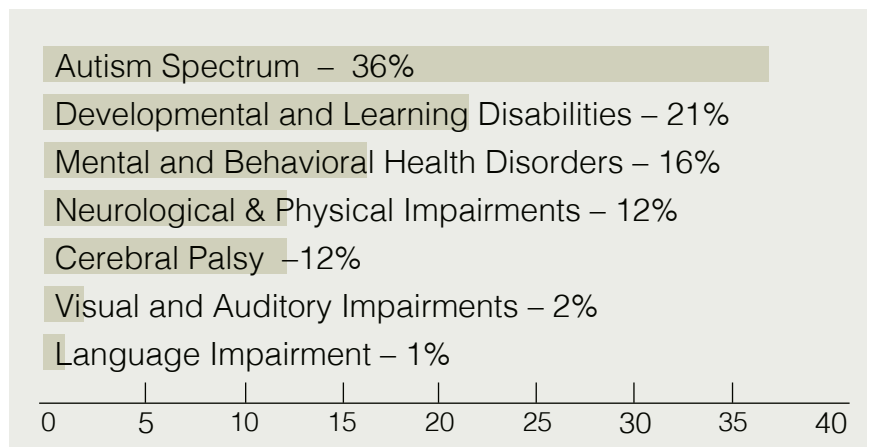
## Why Equine Therapy?

Research continues to validate the boundless benefits of equine assisted activities. A horse's gait is strikingly similar to the human gait, and cannot be replicated in a traditional clinical setting. Incorporating a horse's movement in therapy facilitates client's improved overall physical strength, balance, and posture, as well as motor and sensory development. Improvement in cognitive skills such as concentration and attention span, communication, problem solving, and judgement have also been documented as a result of equine therapy. In addition, working with horses can yield positive behavioral results such as responsibility, impulse-control, relaxation and a sense of teamwork. The unwavering bond that often exists between client and horse can also provide great emotional and social benefits, including unconditional trust, empathy, self-confidence, self-awareness, leadership and positive risk-taking.

## Ages of our Participants



## Primary Disabilities Served\*



\*The percentages in the chart above were calculated based only on our clients with a medical diagnosis. This information is to be used as a general summary of the special needs of the population we served in 2014. While many students have multiple diagnoses, the chart above only captures a *primary diagnosis*.



# The Pivotal Year

Last year marked 19 years serving those with special needs through the loving partnership of horses! In many ways it seems like yesterday we were working from the small 5 stall barn down the road. That small office is now a storage area and Thomas the cat, now 19 years old, still keeps watch at the barn's entrance. We have really come a long way.

2014 was the pivotal year for Riverwood. With the support of the board and the development committee, Riverwood took a bold step to meet the demand for our services. The addition of a new staff position and the completion of the Mobile Education and Outreach trailer have allowed us to expand our reach into the community and add additional programs at the farm. The community and friends of Riverwood have responded to the growth with generous financial support to make sure that Riverwood's services are available to all those who need them. We are so grateful!

Riverwood experienced more growth in 2014 than any other year in our history, touching 522 individuals with the healing and therapeutic power of our equine partners. We reached exceptional children's classes at local elementary schools, partnered with ABC Child Development Center and added new students from the Centers for Exceptional Children. Miniature horses, Candyman and Midnight, have helped bring equine assisted activities to local schools and special populations. The Mobile Education and Outreach trailer, along with the miniature horses, have helped to educate the community about equine assisted activities, the care of our horse partners and the love we share for all populations.

Word about Riverwood's positive impact within our community is spreading, and the demand for services has increased significantly. We see this as a wonderful opportunity for expansion. In turn, there is a need to create a long term fund for sustaining the future needs of Riverwood's programs and facility. We must also continue to ensure our programs remain accessible to all families. Our subsidies cover most of the cost for services (66%). Beyond this, Riverwood provides approximately \$6,000 annually in scholarship to families who demonstrate a need for extra assistance.

We are excited to "Walk On" into our 20th year with your belief in the sustainability and future growth of our programs. Your partnership with us through your gifts is felt in every gentle touch, first word, first step and new found confidence. Combined with the love and compassion of our horses, volunteers and staff, we are fortunate to facilitate these life-altering experiences.

We are grateful for your partnership and thank you for your continued contributions of time, talent and treasure.

*Susan Hubbard Linda H. Collins*

## Our Staff – Year End 2014

Susan Hubbard,  
Executive Director and Founder  
Laura Pallavicini,  
Program Director and Instructor  
Cindy Martin,  
Office Manager and Instructor  
Erin Smith, Development Director  
Aliza McIlwain, Instructor  
Kyle Petty, Farm Manager  
Liz Baldwin, Farm Staff  
McKenzie Bryant, Farm Staff

## Our Board of Directors, Year End 2014

Linda Collins, President  
Susan Hubbard, Executive Director  
Lacy Azevedo, Treasurer  
Marcella Farmer, Secretary  
Victoria E. Newell, DVM  
Susan Bradford  
Kathy Brookby  
Terri Dillon  
Mary Hitchcock  
Greg Holthusen  
Hilary Kosloske



# 2014 at a Glance

## Our Volunteers

Community involvement is an integral part of Riverwood's success and sustainability. The need for hundreds of loyal leaders and sidewalkers in our therapeutic riding program is real; without them we simply could not operate. Our dedicated volunteers make a positive impact in countless lives every day. The dollar amounts listed in conjunction with volunteer hours donated were calculated based on the 2014 national average hourly value of volunteer time - \$23.07.

Regular Program: 5,482 hours donated in 2014 = \$126,469.74!

Special Events: 581 hours donated in 2014 = \$13,403.67!

Average Number of Weekly Volunteers: 110

Oldest Volunteer: 79 years old

Longest Serving Volunteer: 17 years

## Our Riders and Clients

Riverwood's students are the life and inspiration of our organization. We often learn just as much from them as they do from us during their time in our program. We are grateful to know and love each and every one of them; walk on!

Participant Numbers

Total served in 2014: 522

Average weekly: 90

Summer: 69

After School: 73

Centers for Exceptional Children: 95

ABC of NC: 69

AHEC: 13

Rural Hall Elementary: 11

Outreach: 170

EAP/EAL: 22

2014 Total  
Therapy Hours:  
4,039

## Collaborations

Centers for Exceptional Children, Rural Hall Elementary School, ABC of NC Child Development Center, Northwest Area Health Education Center (AHEC), Veterans Helping Veterans Heal, and Camp Hope.

Areas Primarily Served Forsyth, Davie, Yadkin, Surry, and Stokes Counties.





## Ariel Frye. Her Riverwood

Ariel is growing into an amazing and beautiful young woman, but it has been far from an easy journey. She had a rough start upon entering the world at just 24 weeks gestation and spending her first 4 months of life in the Neonatal Intensive Care Unit. Ariel faces a medical diagnosis of Chronic Lung disease. Developmentally, she experiences mild delays and learning differences, with a primary diagnosis of Sensory Processing Disorder with mild autistic tendencies.

Ariel received much positive intervention growing up—feeding, speech, occupational and physical therapies—all of which benefitted her greatly. However, she also desired involvement in an extracurricular experience that would benefit her physical and emotional needs, while allowing her to be a kid and form healthy relationships. After much trial and error with typical children’s activities, Ariel finally found her fit at Riverwood in 2007 at 8 years of age.

Ariel’s mother, Annette, claims, “Riverwood is a respite for both me and Ariel – a calming place to renew. It’s so beautiful and peaceful. It’s a place where we gather weekly with our friends to ride horses, yes, but it’s so much more than that.” It’s a weekly self-esteem booster for Ariel that adds incredible positivity and acceptance to her life. Her experiences at Riverwood help her feel better about herself. Her mom recalls many tough Mondays, even during the drive to Riverwood, but after her class—after riding and spending time with the horses and her understanding and caring instructor, she would be completely focused, grounded and happy.

Riding at Riverwood has also grown Ariel’s support network. She has made many new friends at Riverwood over the years; friends who love one another unconditionally, no matter what their differences are. Riverwood’s programs have increased her self-confidence as she has learned and mastered new skills and overcome some of her fears.

According to Ariel, she “likes riding horses at Riverwood because it’s fun.” For the last few years she hasn’t wanted to participate in the annual horse show, because she believes riding horses is supposed to be fun, not competitive. However, this year she reluctantly decided to ride her horse Angel in 3 events at the Spring Fling Horse Show. As it turns out, she earned two beautiful white ribbons for 4th place, and the 1st place blue ribbon in the Independent Trot, Pole Bending class! You could not have mistaken the pure joy that radiated from Ariel’s spirit that afternoon. This was an incredible milestone and demonstration to herself that she was, indeed, achieving goals and overcoming fears! She received confirmation that her hard work and perseverance had paid off. Walk on, Ariel!

*“What do you do when your child doesn’t “fit” in all the regular kid places?*

*You find Riverwood.”*

*—Annette Gardner, Mother*

*“The children at Riverwood have a wide range of special needs, some mild, some profound, some in between, but ALL are blessed by this place, where they fit perfectly. In a world that can sometimes be harsh, sometimes not accepting or accommodating to kids who are a little different, a world where they might not fit, Riverwood stands out as being different from the world – a place they can thrive in acceptance, love, strength and nature.” – Annette, Mother*

# Our Herd

Our equine therapy partners create miracles at Riverwood. They are the true heartbeat and heroes of our programs. Our herd provides a therapeutic experience and unique form of guidance for our students. These sentient beings exude kindness and foster healing to those that need it most. They offer a set of steady feet, friendship and acceptance with no exclusions. We thank our 17 herd members for their selfless attitudes and years of service.

## New Partners in 2014 — Hello to Sir, Midnight and Candyman



Sir was generously donated to Riverwood by Linda Grenier last fall. A beautiful chestnut quarter horse, his gentle nature captures the hearts of all those he meets. Sir has become an instrumental therapy horse to our program, carrying our timid beginner riders, as well as our intermediate and independent students, all with the greatest care.



Midnight and Candyman are our new miniature horses. Standing about 34 inches tall, they travel with our MEO, winning hearts and spreading the word about Riverwood. They are not related but they have the same last name — CUTE.

## Farewells of 2014 — Walk On, King



Last July, Riverwood lost one of its longtime herd members, King, at 31 years of age. In his prime, King was a true black quarter horse with a wise demeanor and a sure-footed steadiness. During his many years at Riverwood, he was a therapeutic riding horse, and after retiring from riding he became a wonderful partner in our equine assisted psychotherapy program. King taught many of us about true leadership and the formation of lasting relationships. Although we often yearn for his earthly presence, we know he is galloping through the heavens with his herd mates that have gone before him and is watching over those who remain.

## Thank you, 2014 Horse Sponsors



Angel - Alan and Susan Kirby  
Blaze - Kyle and Marie Petty  
Boomer - Courtney Czarnecki  
Candy Man - Nicole Gallimore  
Cody - Nancy Fowler  
Fits - Collins Commercial Properties  
Flash - George and Eleanor Wilson  
Flash - Kerri Crater  
Flash - Madeline McGuire  
Gator - Mariam Wright, in honor of Vickie Newell  
Ibby - Family and Friends of Joan Trottier  
Kahlua - Cindy Martin  
Kahlua - Cathy Goff  
Lucky - William and Donna Cowden  
Lucky - Emeline Bell  
Midnight - The Barksdale Family  
Pet - Greg and Anne Epting  
Pet - Piedmont Natural Gas  
Sassy - Lydia Bell  
Sir - David and Sandra Neugent  
Skip - Al and Patricia Baker  
Thomas - The Hubbard Family  
Thomas - Mariam Wright, in honor of Dr. Vickie Newell

# Financial Breakdown

## 2014 Revenue and Support

• Donations:	\$155,333
• Programs:	\$98,308
• Special Events:	\$70,109
• Other	\$347
<b>Total Revenue and Support:</b>	<b>\$324,097</b>

Less Support Restricted to Capital Expenditures: \$53,325

**Operating Revenue and Support: \$270,772**

## 2014 Expenses

• Programs	\$208,982
• Administrative:	\$29,754
• Fundraising:	\$14,393
<b>Total Expenses:</b>	<b>\$253,129</b>

**Operating Revenue and Support in Excess of Expense: \$17,643**

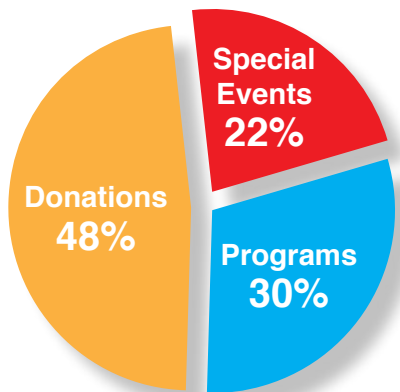
In 2014, the cost to operate Riverwood's facility for

**1 day = \$694.**

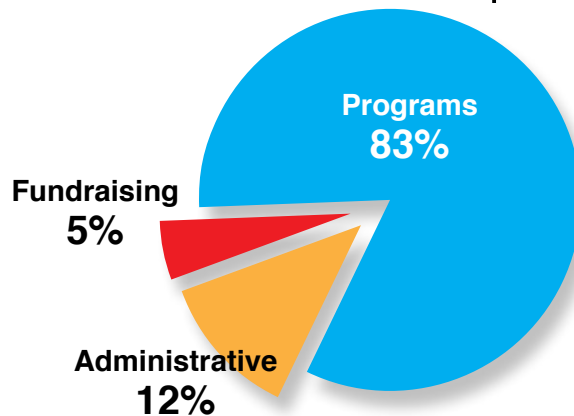
**83 cents of every dollar** was spent on equine assisted therapy programs.

Riverwood is dedicated to improving the quality of life for individuals with special needs, regardless of his or her financial capability. We subsidize the cost of riding lessons by 66% for all students; beyond that, Riverwood provided **\$5,725** in scholarships to those who could not afford tuition fees in 2014.

## Revenue and Support



## Expenses



Thank you,  
Rider Sponsors  
for 2014

Teresa Dampier  
Megan Fullgraf  
The Gordon Family  
Chris and Danny Herko  
The Sims Family  
Nancy Smith

**January 2014 – December 2014** Riverwood's contributors are an instrumental force in our ability to operate and grow our programs. Each and every gift truly makes a difference in the lives of those we serve, as well as our horses. We are thankful for your support over the years, and in 2014—the year of transition for Riverwood. As we continue to expand our services and impact in the community, printed donor recognition will occur once a year through a published annual report. Our relationship with you, and the accurate recording of your meaningful gifts are important to us and at the heart of this decision. Again, thank you for your support.

**\$20,000 and above**

The John W and Anna H Hanes Foundation  
The Winston-Salem Foundation

**\$10,000 - \$19,999**

The Law Offices of Timothy Welborn

**\$5,000 - \$9,999**

Greystone Veterinary Service, PA  
Hancock, Rick and Nancy  
Kelly Office Solutions  
Modern Chevrolet  
Sharpe Images  
Timberwolf Designs



**\$1,000 - \$4,999**

Allegacy Federal Credit Union  
American Hemp, LLC.  
Baker, Patricia  
Barksdale, David and Jennifer  
BB&T Scott & Stringfellow  
Bell, Barbara  
Collins Commercial Properties  
Cowden, Donna and William  
Crumpler, Doris  
Cutaneous Pathology  
Czarnecki, Courtney and Mike  
Dalton, Tim and Ashley  
Dampier, Teresa  
Epting, Greg and Anne  
Fowler, Richard and Nancy  
Gallimore, Nicole  
Goff, Cathy  
Gordon, Toby and Terry  
Harris, Eleanor  
Herko, Danny and Chris  
Highland Presbyterian Church  
Hubbard, Steve and Susan  
Key, Martha  
Kirby, Alan and Susan  
Kosloske, Hilary  
Lamb Foundation of NC, Inc.  
Martin, Cynthia

McGuire, Bill and Ceci  
Mobile Doc, PLLC  
Petty, Kyle and Marie  
Porter, Justin and Peyton  
Smith, Nancy  
Star H Equine Insurance, Inc.  
Steele, Ken  
The Fullgraf Foundation  
The Shaun Edward Stewart Fund  
Walker, Frank  
Wells Fargo - King, NC  
Wheeler, F. Barry  
Wilson, George and Eleanor  
Wright, Mariam

**\$500 - \$999**

Baldwin, Charles and Beth  
Brookby, Bo and Kathy  
Castillejo, Al and Virginia  
Dillon Lawn and Tree Service  
Flow Automotive Companies  
Frucht, Steve  
Hitchcock, Mike and Mary  
LTD Farm & Garden  
Maynard, Marcia  
Neugent, David and Sandra  
Newell, Vickie



New Philadelphia Moravian Church Women's Fellowship  
 Oliver, Kevin and Wendy  
 Peatross, Craig and Susan  
 Piedmont Natural Gas  
 Rose, Christine  
 Rumble, Rodney and Mary  
 Sam and Pam Hooker Foundation  
 Smith, Donald and Sharon  
 Speer, T. Leroy  
 Stokes Tire and Automotive, Inc.  
 Susan Bradford Design  
 The Mosquito Authority  
 Twin City Pediatrics  
 Woolly Chaps



**\$100 - \$499**

Alliance Insurance Company  
 Baldwin, Charles S. and Devon  
 Balman , Cecilia and Ashley  
 Beatty, Lee  
 Behar, Diane  
 Bowman, James and Barbara  
 Braden, Debbie  
 Bull, Terry  
 Burke, Donna  
 Calvary Moravian Church Women's Fellowship  
 Carolina Farms and Homes  
 Cavanaugh and Associates, PA  
 Creasy, Boyd and Sharon  
 Davis, Robert and Rose  
 Day, Eddie and Sandy  
 Dillon, Terri and Vic  
 Divan, Lou and Pam  
 Edwards, Ethelene  
 Eggers, Charlotte and Gerald  
 Ehnes, Tiffany  
 Farmer, Marcella  
 Flynn, Daniel and Stacey  
 Gandhi , Lauren and Sanjay  
 Gilliam, Julia  
 Gordon, Doug and Karen  
 Gribble, Martha and Bill  
 Groce, Debora and Brooke  
 Hano, Janet  
 Harbinson & Associates., Architects  
 Harmony Ridge Farms  
 Hensel, Ann and Dick  
 Holthusen, Greg and Pollyann  
 Home Moravian Church Women's Fellowship  
 Hughes, Doreen  
 Hughes Equine Energy



Hungerford, Larry and Sue  
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 Kaylor, Laura  
 Kennedy, T.J.  
 Kennedy, Jake  
 Kenny, Bob and Sally  
 Kirkman, Trinette  
 Koziara, Sandra  
 Lackey-Zachmann, Lea  
 Lane Industries Racing  
 Lindsay & Gardner, CPAs, LLP  
 Luck, Virginia  
 Malone, Mary Ellen  
 Manning, Katie  
 Marion, Jennifer

Matthews, Jim  
 McNair, J. Frank  
 Mickey & Co. Hair Designs  
 Morgan, Walt and Vicky  
 Mt. Tabor United Methodist Church  
 Muddy Creek Enterprises, LLC  
 Murphy, Kristen  
 NewBridge Bank  
 Pallavicini, Chris and Laura  
 Parkway Presbyterian Church  
 Porter, Frances and Stephen  
 Post, Maryanne  
 Remle, Corey  
 Russell, Kathryn  
 Schindler, Andrew and Ellen  
 Southern States Cooperative  
 Tedder, Stanley and Melinda  
 The Interflex Group  
 Tosi, David and Beverly  
 Trailers of the East Coast  
 Vance, Luke and Brandi  
 Vienna Elementary School  
 Voelker, Orion and Karen  
 Welborn, Timothy and Michelle  
 Whitney Jones, Inc.  
 Williams, Aaron and Cynthia  
 Woelfel, Judy

**Gifts under \$100**

Abernethy, Rick and Ann  
 Accent Prone, Inc.  
 Augoustides, Sharon  
 Azevedo, Lacy  
 Barnett, Marguerite  
 Barry, Mike and Lisa  
 Beale, Elizabeth

Beaman, Christine  
 Beaman, Thad  
 Beeker, Adelaide  
 Beroth, Kathy  
 Bissonette, Deborah  
 Black, Roberta and Len  
 Blake, Sally  
 Bostian, Ray Earl and Jane  
 Bostic, Carey and Andrea  
 Bowman, Rose Lynne and Timothy  
 Boysel, Kevin  
 Brady, Max and Margaret  
 Branch, Emily  
 Bravo, Mary  
 Bridges, Sally  
 Briggs, Paul and Judy  
 Bryan, Sherry  
 Burkehart, Byron and Martha  
 Burns, Marianthe  
 Caines, Cindy  
 Caviness, Jeannette  
 Choplin, Olivia  
 Church, Lynn  
 Clark, Margaret  
 Cline, Betty  
 Cobler, Valerie  
 Cocklereece, John and Gina  
 Collins, Ray and Linda  
 Conrad, Ernestine and Coy  
 Cosentino, Mary  
 Cotton, Sharon  
 Cox, Susan and David  
 Crouse, Miranda  
 Cullen, Peter  
 Cullom, Bill and Caryl  
 Czarnecki, Chris  
 Czarnecki, Jonathan  
 Davis, Betty  
 Dehart, Sue  
 Dew, Christian  
 Dewalt, Derrick and Michelle  
 Diseker, Robert and Virginia  
 Dixon, Patricia  
 Doub, Julia  
 Doub, Angie  
 Dozier, Ashley  
 Duggins, Andrea  
 Dunphy, Arthur  
 Edds, Debra  
 Ellis, Michel  
 Ernst, Linda and Michael



Farmer, Deborah  
 Finley, Ruth  
 Forbis, Richard and Sheryl  
 Forbis, David  
 Forbis, Holly  
 Forrest, Jim and Becky  
 Fowler, Richard and Nancy  
 Frunza, Anton and Ana  
 Gamma Nu  
 Gendels, Stacy  
 Goodson, Denise  
 Gosnell, Robert and Beverly  
 Graham, Mallie  
 Green, Neil  
 Gribble, Bethany  
 Grubbs, Judy  
 Hager, Nicholas

Hamlin, Lea  
 Hano, Beth  
 Hansell, Jennifer  
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 Hartley, William  
 Harwell, Curtis  
 Hauser, Wayne and Julia  
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 Henfey, Susan and Barry  
 Hicks, Shawn  
 Hill, Bobby  
 Hinman, Alice  
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 Holmes, Elizabeth



Holthusen, Beth and Greg  
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 Huie, Brook Davis and Michael  
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 Long, Alice  
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 McDeson, Maureen and Graham  
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 O'Neal, Marian  
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 Overton, Katie and Scott  
 Owen, John and Ina  
 Paige, Diane  
 Pallavicini, Stephen and Judy  
 Palm, Julie  
 Palmer, John  
 Parent, Maureen  
 Penczak, Joseph and Joan  
 Pennington, Glenn and Dottie  
 Petty, JT  
 Phillips, Elizabeth  
 Phillips, Henry  
 Pierce, Dorothy  
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 Poore, Phillip and Vicki  
 Poovey, Margaret  
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 Quinlan, Julie  
 Radford, Russell and Ann  
 Raymer, Susan  
 Reed, Patricia  
 Reel, Cathie  
 Reynolds, Marylyne  
 Rice, Richard and Margaret  
 Rich, Barbara  
 Rigsby, Ann  
 Robeson, John  
 Rollins, Karen  
 Rosenkrans, Jean  
 Royster, Susan and Mark  
 Rush, Mike and Carolyn  
 Sanders, Robert  
 Sapp, Lewis  
 Sealey, Terri



Settle, Dallas and Beverly  
 Sevin, Susan and Phillippe  
 Sheeran, Gordon and Madeleine  
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 Simmons, Tonya  
 Simonet, Nash  
 Sloan, Elizabeth  
 Smith, Jane  
 Smith, Michael and Deborah  
 Smith, Laurie  
 Smith, James and Betty  
 Spangler, Karen  
 Spease, Eula  
 Sprinkle, Jean  
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 Starnes, Lori  
 Stewart, Mary  
 Stockner, Patty  
 Stoltz, Alison  
 Thoopsamoot, Wendy  
 Transou, Jane  
 Trotman, Dorothy  
 Trotman, Lee  
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 Yates, Charles and Jackie

Every effort has been made to ensure the accuracy of this list, although errors do occur. If your name has been misspelled or omitted, please accept our sincerest apology and contact the office at (336) 922-6426.



# Riverwood Rider

Riverwood Therapeutic Riding Center  
6825 Rolling View Drive  
Tobaccoville, NC 27050

NON-PROFIT  
US POSTAGE PAID  
PERMIT 296  
WINSTON-SALEM, NC

## RIVERWOOD THERAPEUTIC RIDING CENTER

6825 Rolling View Drive  
Tobaccoville, NC 27050  
Phone: 336-922-6426

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or contact us at (336) 922-6426

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