

Riverwood Rider

March 2010

Volume No. 36

6825 Rollingview Drive Tobaccolville, North Carolina 27050 www.riverwoodtrc.org (336) 922-6426

Frostbite Session 2010

We have been holding our Frostbite Adult Riding series for the past five years and it's always been a little chilly on those early mornings in January and February. However, this year the event truly lived up to its name!

Normally focusing on trail riding and safety out of the arena with the horses, this year's riders got to really focus on exploring arena riding skills thanks to the weather! However, we made the very best of it, even getting to use the outdoor arena on more than a few occasions when the ground thawed and the temperatures got above freezing.

Our students this year made great progress and really showed great interest in learning all they could about the horses, natural training techniques and balanced riding.

Thanks to our participants this year!



Spring Horse Show Opportunities

The warmer weather, greener pastures and shedding horses always lead us to think of one thing... spring horse shows! This year, Riverwood will be taking part in 3 different horse shows. We are excited to have so many of our students, and their supportive families, ready to spread their wings and go out to show off their skills.

Our first show will be at TTC in Mocksville on April 24 for our most advanced riders. They will compete in a dressage show that will really test their skills and their relationships with their horses.



We will also be re-visiting TTC on June 5 to take part in the Triad First in Families Benefit Horse Show with many of our students who are excited about going to their first horse show away from the farm.

Our end of the year Riverwood Horse Show will take place on the farm on May 15. This event gets better and better each year with an amazing combination of camaraderie and competition that brings together almost all of our students. This is a great morning and early afternoon event that starts with classes showing off riders' skills and ends with egg and spoon races and a hot dog cook out. Last year's event brought spectators who had never been to our farm, and they were treated like

old friends by everyone here. If you have a chance, please plan on stopping by for some fun, good food and a great display of Riverwood's talented horses and riders!

Calendar of Events:

Please go to www.riverwoodtrc.org to see our full calendar.

- March 29-April 1, 2010: Make Up week for Monday, Tuesday, Wednesday and Friday afternoon classes
- April 6, 2010: Children's Center Spring II begins Tuesday, Wednesday, Thursday and Friday 10:00
- April 10, 2010: 1:30 PM Saturday Make Up class for Friday 4:30 riders
- April 17, 2010: Riverwood attend Old Town Vet Open House Event 1-4 PM
- April 24, 2010: TTC Dressage Show
- May 1, 2010: 1:30 PM Saturday Make Up class for Friday 4:30 riders
- May 8, 2010: Tanglewood Cup Steeplechase 9:00 AM
- May 15, 2010: Spring Horse Show at Riverwood Therapeutic Riding Center
- June 5, 2010: Triad First in Families Horse Show at TTC
- June 14, 2010 through July 30, 2010: Riverwood's Summer Riding Session
- September 25, 2010: BlueGrass Bash
- October 9-10, 2010: TRAV Horse Show Lexington, VA

Riverwood's Golden Evening"

Good food? Check. Good wine? Check. Good friends? Check. Good cause? CHECK!

Riverwood supporters and local patrons enjoyed a delicious evening out at The Golden Apple on February 25th. Bill Adams and his staff generously donated 10% of their profits to Riverwood, and we had an excellent turn-out.

Partnerships with local businesses are a big part of Riverwood's fundraising and

awareness efforts, and we are extremely appreciative of the Golden Apple for their support and hard work!

We extend a heartfelt thank you to everyone who joined us and also for spreading the word to friends and family. It was truly a "golden evening!"

You can visit The Golden Apple for gifts, fine wine, catering and more at www.thegoldenapplews.com



Become a fan of Riverwood on Facebook!

2010 Summer Session

It's that time! The popular Riverwood Summer Riding program is filling up quickly!

This year we are offering a 7 week riding lesson program June 14 through July 30. Additionally, we are again offering our popular working student program for teens.

The summer program is open to anyone in the community with or without special needs. For those adults who would like to get back in the saddle, we also have a typical adult class on Friday mornings.

Many classes are already close to being filled, so you will need to register soon! Our summer information is posted on the website at www.riverwoodtrc.org or call the office at 336-922-6426.

BGB Save the Date!

Our next Bluegrass Bash will be held September 25, 2010. Plan now to attend: it should be the very best one yet!

Wish List

- Legends 11 pellets (Southern States Feed)
- Postage stamps
- Liquid hand soap
- Acti-Flex 4000 joint supplement
- Paper towels
- Printer/copier paper
- Toilet tissue
- 12"-16" (high) cones
- Equi-min mineral block (Southern States)
- LCD projector (new or used)
- Portable screen

Board Members

Jennifer Barksdale - Jenifer Fowler
Nancy Hancock - Ashley Vogel
Susan Hubbard - Hilary Kosloske
Victoria E. Newell, DVM
Charlie Williams - Elizabeth Lenn

Winter Time Working Student

Each year seems to bring more and more folks to Riverwood who are interested in the field of equine assisted activities and therapies. Now, more than ever, professional organizations are recognizing the viability of these activities for the well-being of people with special needs in any category: physical, cognitive and mental health.

We often have interested college students who do their field experience at Riverwood for their Occupational Therapy, Physical Therapy or Recreational Therapy degrees. However, this January, we were fortunate enough to have our first Salem Academy high school student spend her January term with us full time.

Leigh-Ana Castillejo chose Riverwood as the place she would like to spend four weeks for her required field hours after her holiday break from school. Salem offers this time to students so that they can get out of the classroom and into the business world and begin to find opportunities that interest them for future careers and experience. Leigh-Ana had spent time here previously as a volunteer, but during her Jan-term she was able to experience the full gamut of running a therapeutic riding center.

She was a willing participant in anything we asked of her including working with the horses, assisting with classes, cleaning paddocks and stalls, helping in the office and many other jobs. While many of her classmates were working in warm offices and museums, Leigh-Ana chose to spend her Jan-term outside at Riverwood during the coldest January on record... we appreciate her dedication!

New Faces Around Riverwood

Riverwood welcomes two new staff members. Bree Hendrick and Kim Beauchamp have joined our family and have already begun to make an impact. Bree works as Development Director and Kim will be running things in the office and keeping our books straight.

Thanks to Brooks Foster and Chris Herko for all their time and work; we wish them luck in their new endeavors.

Bluegrass Bash

Thank you to the following Bluegrass Bash donors who were left out of the November newsletter:

Amy and Scott Herman
Ann Hensel
Gordon and Mad Sheeran

A special thank you to Karen Lineberger and the Forsyth Country Day School Honor Society for the donations they contributed to our Bluegrass Bash Silent Auction.

Souper Bowl

Thank you Anne Geiss, Hope Mabe and the staff of Salem Kitchen for making this year's Souper Bowl chili fundraiser a great success! Despite the snowy streets, we were able to distribute the chili to all who ordered and raised about \$4,000 to support Riverwood's programs.

Special Sidewalkers and Loyal Leaders

We welcome our newest volunteers!

Marcia Combs Katherine Ely
Daniel Huber Chelsey Key
Laitynne Mallow Anabel Razo
Allison Wood Angie Ikladuos
Jennifer Mallow-Canter
Ruby Mannankara

WFU – APO Volunteers

Monica Carusello Alex Crossman
Kelly Edwards Adrienne Hembree
Abbey Keener Martin Shull
Amanda Tarlton Holly Tyrrell
Aubrey Vaughn Taylor Wilson
Faith Caroline Sedberry

“Steeplechase Returns to Town”

It was once a spring tradition and has been missed in our community, so on May 8th, 2010, Tanglewood Park's legendary steeplechase grounds come alive!

For those who may not be aware, “Steeplechase is a competitive sporting event that provides spectators an opportunity to watch the thrills, smarts and athletic ability of Thoroughbred race horses as they jump over 52 inch high hurdles at premium speeds.”

This year, the excitement of the racing is joined by family friendly events such as Jack Russell Terrier races, children's stick horse races, women's hat contest, and perhaps most exciting for the Riverwood family – we will participate in the Opening Ceremony! Also we will have a booth at the event, so bring the entire family and join us as we celebrate equestrian sports, the power of the Thoroughbred, and the joy of friends and family.

Activities will include a children's paddock with a petting zoo and pony rides, and shops filled with items from regional artists and retail vendors.

Please visit www.tanglewoodcup.org for more information. Gates will open at 9am with the first race beginning at 1pm. We hope to see everyone there!

Riverwood Contributors

Since November 2009

Thank you all...We hope we haven't missed anyone. Your continued support is appreciated.

Alton and Patricia Carroll
Andrea Bostic
Angie Redding
Ann Hopkins
Ann Parke Muller
Barbara Ford
Barbara Sterchi
Beth and Sandy Baldwin
Beth Stuart
Billy Joe and Kathryn Ireland
Bob and Helene Neeley
Brenda and Edgar Welch
Brett and Wendy Hoge
Butch and Lucinda Human
Carolyn and John Myracle
Charles and Ann Williams
Charles and Devon Baldwin
Charles and Shawn Bowman-Hicks
Chris and Laura Pallavicini
Cindy Martin
Cooper and Alex Padgett
Courtney Czarnecki
Craig and Sonja Murray
Curtis and Ellen Montgomery
Cynthia and Aaron Williams
Dale and Donna Blackwelder
Dan and Ginger Sims
Danny and Chris Herko
David and Jennifer Barksdale
Deborah Gough
Doug and Karen Gordon
Dr. and Mrs. Gregory Holthusen
Eddie and Sandra Day
Eric DeMarko
Ernestine Conrad
Eva Wu
Fleshman-Pratt Foundation, Inc.
Gamma Nu of ADK
Gary Overfelt, The UPS Store

Student Sponsors

Student sponsorships are \$1000 a year and supplement costs that are not covered by tuition, including scholarships.

Chris and Danny Herko
Dr. Vickie Newell
Teresa Dampier

GC and Judy Petree
Greg and Anne Epting
Greg and Lisa Carter
Highland Presbyterian Church
Hilary and Daryl Kosloske
Home Moravian – Men of the Church
James and Barbara Bowman
James and Sherry Stancliff
James Williams
Jane Barnhill
Jane Transou
Janet Hano
Jennifer and West Fowler
Jennifer Williams
Jim and Becky Forrest
Jim and Karen Glasscock
Jimmy and Katie Lippard
Joe Wilhelm
Julia and Wayne Hauser
Julia Gilliam
Karen and Tom Hallman
Karen, Stephen and Hollis Lineberger
Kathryn Garner
Kathlynn Barnhill
Katie Manning
Ken and Dianna Osborn
Kim and Dennis Beauchamp
Kim Mann
Kim Ritter
Kyle and Marie Petty
Laura Dean
Law Offices of Timothy Welborn
Lee Beatty
Lisa and John Millican
Marcia Maynard
Margaret and Max Brady
Margaret Harper and Don Lendle
Margaret Taylor and Rebecca Parker
Marilu and Donald Jason

Buddy Memorial Fund

Dick and Sheryl Forbis
in honor of Greg and Anne Epting
Laura and Chris Pallavicini
in honor of Susan, Cindy, Kyle,
Kathlynn and Brooks
Martha Key

Marilyn and Lamar Parker
Martha Key
Matthew and Cynthia McGuinness
Mona and George Pain
Mr. and Mrs. Andrew Schindler
Mr. and Mrs. Fred Spach
Mrs. Eula Spease
Mt. Tabor United Methodist Circle 9
Nancy Hancock
Omnia and Jennifer Fowler
Pat Baker
Patricia and David Colonna
Rebecca Harris and Keith Duffy
Reginald and Judy Yarbrough
Rob and Rose Davis
Robert and Montine Wilkinson
Russell and Ann Radford
Sarah Heist
Scott and Elaine Bauer
Sharon Wingo
Steve and Susan Hubbard
Steven and Erin Davis
Susan and Craig Peatross
T. Leroy Speer
Ted and Julia Ann Goins
Teresa Dampier
Terry Bull
Terry Bull, C. Elliott & Company
The Golden Apple, Inc.
Thomas and Jane McKim
Toby and Terry Gordon
Valerie Cobler
Wayne Cannon Physical Therapy
& Associates
Will and Deni McIntyre

Gifts in Kind

ADK – supplies, stamps, etc.
Don Stewart with *Don and Sons*
– welding services to repair spreader
Emma Sims – helmet and riding pants
James and Barbara Bowman
– Ariat work boots
Jamie Garrido
– helmet, bucket, horse items
Lee Trotman – feed
Pattie Parker – clothes
Ruby Gallagher – rocking horse

Riverwood Rider

In Honor Of

Anne and Dennis Steul in honor of Kathylyn and Bruce Barnhill
Bob and Nancy Wilson in honor of Nell Barksdale
Brian and Kathy McCarthy in honor of Hilary and Daryl Kosloske
Charlotte Alford in honor of Hilary Kosloske
Cynthia Robb in honor of Hilary and Daryl Kosloske
Dr. Vickie Newell in honor of Janet Stafford
Jim and Anita Conrad in honor of Kyle and Marie Petty
Jocelyn Holthouser in honor of Michael Haywood
Kim Ritter in honor of Jamie Garrido
Kyle and Marie Petty in honor of : Jim and Anita Conrad,
and Maggie Harper and Don Lendle
Laura Pallavicini in honor of the Riverwood staff
Mike and Wendy Brenner in honor of Hilary and Daryl Kosloske
Mindy and David Engstrom in honor of Madeleine McGuire
Mindy Bloom in honor of Hilary and Daryl Kosloske
Mindy Engstrom in honor of: Becky Arnott, Shannon Conrad,
Sherri Holloway, Carol Hudson, and Denise Hickman
with Coldwell Banker Triad Realty
Mrs. Jean Jackson in honor of Broocks, Scott, Taylor Grace and Baytop Foster
Nell Barksdale in honor of:
Bob and Nancy Wilson, Mr. and Mrs. Byron Burkhart, Mr. and
Mrs. Ed Stewart, Mrs. Shirley Brewer, Jennifer McBee, Mr. and
Mrs. Robert Pickett, Mr. and Mrs. John Callaway, Alice Giles,
Jane Wray, Caryl and Bill Cullom, Ann Tippett, and Nancy White
Pam Cochran in honor of Hilary and Daryl Kosloske
Peter and Joan Robie in honor of Hilary and Daryl Kosloske
Richard Schum in honoring the commitment of Kyle and Marie Petty
Robert and Sue Ramsey in honor of Dr. Vickie Newell
Sue Nifong in honor of Dr. Vickie Newell
Susan Hubbard in honor of the Riverwood staff
Suzanne Keenan in honor of Hilary and Daryl Kosloske
The Foster Family in honor of Gwen Daniels
The Sheperd's Center staff in honor of Jane Marvin

LTD Donations

Walt and Vicky Morgan
Pat Baker
Susan Blevins
Tracey Temples
Walter Morgan

Special Thank You:

Thank you especially for Marie Petty and her Farmer's Market sales; Pam Divan for 10 years of volunteer service; Ashley Martin for ALWAYS saying yes when we're in desperate need of volunteer substitutes!

In Memory Of

Deborah White
in memory of Janet K. Mitchell,
Cotton Patch and Trey Moore
Jill and Peter Gent
in memory of Beth Stiles
Joan Bruce in memory of Beth Stiles
Karen Fitzgerald
in memory of Katie Fitzgerald
Kathryn Petty
in memory of Ellie Petty
Kathryn Petty
in memory of Miss Ruby
Laura, Chris and Caleb Pallavicini
in memory of Dark Hubbard
Martha Key
in memory of Kathleen Grady
Michael and Faye Anderson
in memory of Beth Stiles
Raymond and Kay Mansfield
in memory of Ellie Petty
Rocky and Judith Carson
in memory of Beth Stiles
Susan Hubbard in memory of Image

Horse Sponsors

Horse sponsorships are \$1000 a year and help with the cost of care and keeping of our loyal partners.
Tony - Alan Kirby
Gator - Andrea Bostic's 5th Graders at
Old Richmond Elementary School,
in honor of Hilary Kosloske
Tony - Courtney Czarnecki
Tony - David & Jennifer Barksdale
Boomer - Doreen Hughes
Fits - Jane Marvin
Flash - Kerri Crater
Blaze - Kyle and Marie Petty
Pet - Lovell's Little Bits
Sassy - Scott & Stringfellow
Angel - The Hubbard Family
Angel - The Piedmont Kiwanis Club
Ibby - The Hines family
*As the cost of keeping our horses increases,
we hope to have at least two sponsors for each
horse. Please consider sponsoring a horse.*

From the Director

Dear Friends,

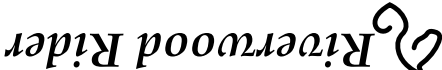
I attended a dinner recently at Holy Family Catholic Church and was honored to receive a donation for scholarship funding. There were 28 other community agencies who also received funding for various initiatives that help to improve the lives of children and adults with cognitive disabilities. The Knights of Columbus and the Lamb Foundation work hard all year on fundraising activities for the joy of helping to make Forsyth County a better place. The genuine pride and love of giving was palpable in the room as was the gratitude from all of the recipients. There is just something about giving back, making others feel good, paying it forward, that warms one's soul the way nothing else can.

The men and women of Home Moravian Church, ADK, Piedmont Kiwanis, Sally's Angels and all of the organizations and individuals who generously give to Riverwood each year to help make life a little better for children and adults with special needs: We thank you from the bottom of our hearts. It is because of you that Riverwood was able to meet its budget this year. There had to be some cuts as well, but your generous support sustained us in 2009.

The new year promises to be full of excitement with new programs, horse shows and many new opportunities for Riverwood to bring therapeutic riding out to the community. We hope that you will consider joining us at the farm as a leader or side-walker, help with one of our events and find Riverwood to be a place worthy of your financial support. Your generosity makes our community a better place for those with special needs.

Susan

NON-PROFIT
US POSTAGE PAID
PERMIT 21
LEWISVILLE, NC

 Riverwood Rider
Riverwood Therapeutic Riding Center
6825 Rollingview Drive
Tobaccoville, NC 27050