

# Riverwood Rider

March 2014

Volume No. 45

6825 Rolling View Drive Tobacoville, North Carolina 27050 [www.riverwoodtrc.org](http://www.riverwoodtrc.org) (336) 922-6426

## We Are Growing!

It is with great excitement that we announce the start of an expansion project at the farm. A portion of the upstairs barn loft will be renovated into two offices, a multi-purpose room, bathroom and extra storage.

The additional space will allow for Riverwood to expand its reach to the community through educational opportunities, family events and increased staffing to keep up with the demand for our services.

Timberwolf Building and Designs began construction on Monday, February 3rd, and expects to complete the project by the beginning of March. Riverwood thanks Timberwolf for their support.



## Mobile Educational Outreach

After years of planning, research and fundraising, Riverwood is realizing its dream of taking equine assisted activities and therapy on the road.

Our new mobile trailer will travel to horse shows, community events and to clients who are unable to come to the farm. The 28-foot trailer will contain hands-on experiences, educational material, and video of our activities at the farm, as well as a miniature horse. Thank you to Toby Robertson and SME for their generous support with this project.

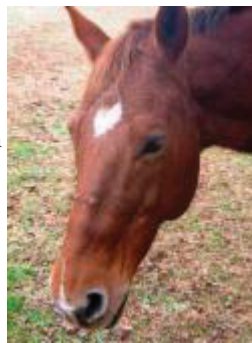
Our primary goal is to reach out to the community with all the programs that Riverwood has to offer. There are sponsorship opportunities for individuals or businesses with this exciting project. Recognition on the exterior of the trailer will provide visibility during travel and the sponsor wall on the interior of the trailer will be available also. Contact Susan for sponsor opportunities.



## Welcome Cody

Cody is a quarter horse and a gentle giant; he measures in at 16.3. He loves people and is always looking for a chance to be scratched or loved on by a willing person.

His history includes being a trail horse, a lower level dressage horse and a family pet. He has proven himself to be a steady and reliable horse for our most timid beginners as well as a fun horse for our intermediate riders. His sweet personality makes him a perfect fit at the farm.



## Horse Sponsors Needed!

Our horses are the therapists in our program, partnering with our students and helping them achieve goals. Each one of these well-loved animals needs sponsors, who help cover the costs associated with equine care. Sponsorships last a year, and we need to have at least two to three per horse. Currently, we have one horse, Skip, without a sponsor. If you, your family, your business, or organization would like to sponsor one of our incredible therapy horses, please contact us for details. Your gifts truly make a difference!

# Calendar of Events

Please go to [www.riverwoodtrc.org](http://www.riverwoodtrc.org) for more information.

Spring 2014:

March 15: Volunteer Orientation 9AM -12:30PM; Advanced Leader Training 10-11AM

March 31 - April 4: Spring Break, No classes

April 5: Muddy Creek Café 5K and Pimento Cheese "Throw-down" Fund-Raiser

April 11: Family Fun Night 6:00-7:30 PM

April 12: Volunteer Orientation 9AM -12:30PM

April 18: No SCS Class

April 26: Open House at the Farm 10AM-1PM

May 2: Volunteer Educational Movie Night 6:30-8:00 PM

May 10: Spring Fling Horse Show at Riverwood

May 17: Volunteer Orientation 9AM -12:30PM; Advanced Leader Training 10-11AM

May 26: No SCS class (M)

May 28: Final Day of afterschool classes

May 27 - 29: Final Days of CC morning classes (T,W,Th)

June 6: Family Fun Night at the farm (Paint the Ponies) 6:00-7:30 PM

June 7: Volunteer Orientation 9AM -12:30PM

June 2 and June 6: Final Day of SCS morning classes (M,F)

Summer 2014:

June 9: Summer Session begins

---

## Spring Open House

On Saturday, April 26 from 10AM-1 PM, Riverwood will hold an Open House. We would like to extend an invitation to local veterans and their families, those with special needs, and anyone interested in learning about the benefits of Equine Assisted Activities and Therapies.

We will have trail walks, face painting, tours of the barn and facility, and many chances to meet and greet our horses. A special color guard presentation will be held at 11:30 and information will be available on our veterans' programs. Food and drinks will be available, and guests are welcome to come and go as they please.

Come meet our team, our wonderful horses and see the farm's beauty this spring. Please help us spread the word!

---

## Summer Riding and Horsemanship Lessons

Can you imagine... warm sunny days and long hours of daylight, green grass and shady trees overhead? Well, if this winter has you longing for summer, what better way to spend your vacation than with a horse? The 2014 Riverwood Summer Program will be here soon. The dates for this year are June 16-August 1, with an additional five day intensive session August 4-8.

Registration forms are available on the Riverwood website and through the office. Summer session is open to everyone, and typical riders are encouraged to attend. This is a great chance for siblings or families to ride together. Lessons are tailored around the goals and needs of each student, and classes are designed to help each student learn in a way that fits his style. For more information or questions, please email us at [rtrc@windstream.net](mailto:rtrc@windstream.net) or call the office at 336-922-6426



## Continuing Education Opportunity

This spring, Riverwood and Hughes Equine Energy will continue to partner with NW AHEC to offer an interactive workshop on Equine Assisted Therapies titled: *Horses Helping People Heal, Connect and Grow*.



During a full day program, our focus will be on the horse/human relationship and the neurobiology of what occurs in that relationship-specifically in trauma focused therapy. The symptoms and neurobiology of those dealing with PTSD, addictions, eating disorders and other trauma based disorders will be discussed. The course will help participants learn how brain function is positively affected during Equine Assisted Psychotherapy and Learning, as well as how that can lead to new patterns in a client's life away from the farm. The workshop will include valuable hands-on experiential learning, but no riding.

This opportunity is open to mental or allied health practitioners, social workers, educators, anyone working with veterans, as well as anyone interested in learning more about equine assisted therapy. The course is also approved for continuing educations by EAGALA. The course will take place on Friday, March 28 from 9:00AM-3:30 PM at Riverwood.

For more information, please visit our Riverwood website for a link to the registration form. You can also call our office at 336-922-6426 or email [rtrc@windstream.net](mailto:rtrc@windstream.net)

## Bluegrass Bash

Our largest annual fundraising event, The Bluegrass Bash, was held on Saturday, October 19<sup>th</sup> here at the farm. It was a beautiful fall evening, and there were nearly 200 attendees. Guests enjoyed a therapeutic riding demonstration, bar-b-que, a 50/50 raffle, silent auction, dancing, and of course, great bluegrass music!

Through event ticket and raffle ticket sales, the silent auction, and donations made at the bash, more than \$24,000 was raised. The money raised at this event went directly to horse care and student scholarships, and in addition has helped us reach our goal of purchasing a Mobile Education Outreach trailer to take Riverwood on the road!

We would like to extend a huge thank you to event sponsors, Rick and Nancy Hancock, our bands Reel Shady and Backporch Bluegrass, Goodtimes Bar-B-Que, our philanthropy committee, all our donors for the silent auction and the countless volunteers we had on hand who helped make this year's Bash such a success!

Don't forget to mark your calendar for Bluegrass Bash 2014 which will be held on September 27. See you there!

### Volunteers Needed

Since Riverwood serves over 100 students per week, volunteering is an integral part of the program. We rely on our volunteers to serve as the foundation for our classes, and without them, many of our students would be unable to ride. As some classes have potential to increase in size, our need for volunteers is growing.

Riverwood accepts volunteers who are 14 years or older. All must attend a volunteer orientation, which are held monthly; the next is on Saturday, March 15 from 9:00 AM to 12:30 PM. Horse experience is welcomed but not required, as everything needed to know will be taught at orientation. Because it is important for our riders to have consistency in their lessons, we ask that volunteers commit to at least a one-hour class, once a week, for a minimum of 8 weeks

If you have questions or would like to register for an orientation, please contact the office at 922-6426 or [rtrc@windstream.net](mailto:rtrc@windstream.net).

### Whole Foods Day

We had great success during Whole Food's "5% Day" on October 25<sup>th</sup> - five percent of their total sales benefited Riverwood, which raised over \$2900! We would like to extend a big thank you to the Whole Foods Team for selecting us for this event, our dedicated volunteers who worked the Riverwood table, and everyone who came out and shopped.

## Successful 11th Annual Chili Sale

The 11th Annual Chili Sale was a great success and over 530 quarts were sold! The staff and participants at Riverwood would like to thank those who purchased chili, as well as those who helped work the sale. We appreciate the generosity of Salem Kitchen in preparing and packing the chili as well as donating all the proceeds to Riverwood.

Last year, Kyle Petty, our facilities manager, recycled one of his empty chili containers and filled it with



loose change to donate to Riverwood. His full container held \$105. This year he is issuing a challenge to everyone who purchased chili to fill one or more con-

tainers with change and return them to Riverwood. Your change will help provide scholarships for riders, care for the horses and maintain the farm.

### Loyal Leaders and Special Sidewalkers

- Ryan Davis • Conner Davis • Ebby Beatty • Debbie Braden • Joan Kelly
- Brooke Groce • Leslie Marsh • Neha Chatrath • Taylor Brown • Julie Palm
- Anna Lise Meyer • Zachary Moore • Johanna Rendon • Millie Salmons
- Katherine Sebastin • Laura Mazurak • Melinda Kurnath • Heather Dutton
- Heather Harmon • Caroline Craft • Tori Mason • Meredith Welsh
- Amanda Sullivan • Emma Sullivan • Lea Nading • Jody Farmer • Kate Snow
- Bob Farmer • Michael Hitchcock • William Hitchcock • Kirk Hinshaw
- Margaret Collins • Suzanne McKee • Vanessa Smith • Eileen Donovan
- Anne McDonagh • Laurie Shore • Emily Branch • Pamala Shugart
- Patrick Chandler • Burke Wilson • Margaret Collins • Ann Tucker
- Sarah Thomas • Liz Bozeman • Donna Abrams • Soumya Boyanapalli
- Miriam Lewis • Rebecca Pardue • Gabrielle Reece • Amanda Reich
- Justin Reich • Samika Satheesh • Sherry Todd • Barry Wheeler
- Neil Hutchens • Breannalyn Todd • Nicolette McCann

### Welcome Terri Dillon to the 2014 Riverwood Board of Directors

Terri is vice-president for client services at Whitney Jones, Inc. She joined Whitney Jones, Inc. in 1986 and has helped more than 100 nonprofits in the southeastern United States advance their missions. Terri's expertise is in a wide variety of areas related to development.

A native of Winston-Salem, Terri attended High Point University, and graduated from the University of North Carolina at Greensboro Program for Management Development. She lives on a farm in Colfax with her husband, Victor. Terri has four grown children and three grandchildren.

### Board Members

Susan Bradford - Mary Hitchcock  
Lacy Azevedo - Hilary Kosloske  
Kathy Brookby - Greg Holthusen  
Marcella Farmer - Susan Hubbard  
Linda Collins - Terri Dillon  
Victoria E. Newell, DVM

# Riverwood Contributors

Since August 2013

Thank you all...We hope we haven't missed anyone. Your continued support is appreciated.

Ellis and Sharon Turner  
Modern Chevrolet  
Sandra Koziara  
Martha Key  
Winget Art – Farmhouse Studio  
Margaret Poovey  
Don Lendle and Margaret Harper  
Sanjay and Lauren Gandhi  
Courtney Czarnecki  
Doug Rhodes  
Chris, Laura and Caleb Pallavicini  
The Mosquito Authority,  
Chip and Shea Crutchfield  
Behavioral Services, Inc.  
Mr. and Mrs. Fred Spach  
Karen Carlton  
The Gandhi Family  
Ray and Linda Collins  
Linda Ernst  
Jim Matthews  
Susan Hubbard  
Wooly Chaps  
Pipe Dream Farms:  
New Forest and Sport Ponies  
Dr. Vickie Newell,  
Greystone Veterinary Service  
Susan Bradford Designs  
Salem Commercial Real Estate, Inc.  
Cabinet Studio, Inc.  
Pine State Marketing, Inc.  
Winston-Salem Industries For The Blind  
Ann Hensel  
Mr. and Mrs. Andrew Schindler  
Julia Hauser  
Melissa Workman  
Jerry and Marge Silber  
Debbie Wentz  
Ernestine and Coy Conrad  
Julia Gilliam  
Karin Harvey  
Robert Gibson  
Tim and Ashley Dalton  
Jeff and Melinda Gentry  
Debra Edds  
The Mobile Doc, PLLC  
Patricia Baker  
Linda Turner  
Jimmy and Katie Lippard  
Christine Rose  
Fran and Mary Longman  
Cook's Heating and Cooling  
Kathryn Garner  
Danny and Ginger Sims  
The Riverwood Board  
Liz Barabe  
Mr. and Mrs. Salvatore Coppola  
Pat Epting  
Tim and Nancy Graham  
George and Eleanor Wilson  
Bernice Clapp  
Debbie Braden  
Sally Bridges  
Jennifer Marion  
Gordon Sheeran  
Brenda Welch  
Sandy and Beth Baldwin

Sally and Bob Kenny  
Dean and Michelle Tucker  
LTD Farm and Garden  
Star H Equine Insurance  
Collins Commercial Properties, Inc.  
Benita VanWinkle  
Hughes Plumbing Company, Inc.  
Robert and Kathy Brookby  
Piedmont Natural Gas Company  
Craig and Susan Peatross  
Jennifer Crain  
Custom Homes by Hamrick  
Trinette Kirkman  
Highland Presbyterian Church  
Nancy Smith  
Janet Hano  
Peter Cullen  
Jean and Tom Beck  
Lee Beatty  
Julia Doub  
Ken and Dianna Osborn  
Frank Badgett  
C.D. and Colleen Williams  
T. Leroy Speer  
T. Brent Kirby  
Ina and John Owen  
Rodney and Mary Rumble  
Virginia Luck  
Reginald and Judy Yarbrough  
Mike Britt  
Hilary Kosloske  
InterFlex Group  
MERIT Foundation  
Frances Porter  
Judy James  
Virginia Diseker  
Charlotte Eggers  
Joe and Kathy Ely  
Richard Griner  
UMC – Circle, Mt. Tabor UMC  
Max and Margaret Brady  
Nancy DeVenny  
Jane Hendrick  
The Miracle Family  
George Pain  
Debra Weston  
Randy Casstevens  
Daniel Haley  
Gail Carter  
Jim and Roberta Pettit  
Marilu Jason  
Reid and Natalie Gilliam  
Valerie Cobler  
Beth Hano  
Curtis Montgomery  
Arthur Spaugh  
Andrew and Jordanne Fletcher  
James and Betty Smith  
Lynda Scarborough  
Lea H. Kirkland, MD, PA  
The McGrath Family  
Ron and Jeannette Caviness  
Leslie Blix  
The Crutchfield Family  
Amy and Scott Herman  
Doris Crumpler

Diane Barrett  
Laura Kaylor  
Susan McBride  
Janet Jones  
Barbara Mowery  
Julie Quinlan  
Ken Steele  
Mrs. Eula Spease  
Doug and Karen Gordon  
Dr. Doreen Hughes  
Tina Stiles  
Bob and Jody Farmer  
Emily Branch  
Sharon Smith  
Mary Reardon and Jeff Harbinson  
Alice Long  
Alan and Beverly Moore  
Dorothy Trotman  
Christina Stewart  
Christine Bloomfield  
Donna Abrams  
Kyle and Marie Petty  
Pat Baumgartner  
Kathy Beroth  
Sam and Pam Hooker Foundation  
Susan Hungerford  
Thomas F. and Jane W. McKim  
Verena and Thomas Ruiz  
W. David and Carol Taylor  
Rebecca Hurd  
Mrs. Maggie Wilkins  
Julie Wright  
John Catlereece  
The George Family  
Josh Hartgrove  
Randy Howell  
Chris Sapp  
Tim Tuttle  
Tom Whelan  
Hannah Seabright  
Cooper and Alex Padgett  
Ransom and Sandy Averitt  
Karen Stevens  
Handyman Services  
Jason Callicutt  
John Briles  
Ashley and Cecilia Balman  
Gretchen Hurd  
Jennifer and David Barksdale  
Virginia Gilbert  
Dottie Pennington  
Vee Wolff  
Medge Owen  
Kerri Crater  
Cindy Dunn  
Nancy Smith  
Gamma Nu  
Nancy Fowler  
Teresa Dampier  
Miriam Wright  
Terry Bull  
Accent Prone, Inc.  
Tiffany Ethnes  
New Philadelphia Moravian's Church  
Women's Fellowship  
Peggy Holifield

## In Memory of

John McCashin  
by Lee Trotman  
by Dorothy Trotman  
by Eleanor Wilson

Mrs. Jeanne L. White  
by Don and Sharon Smith

Barry Lacey by Hilary Kosloske

Bob Manley by Hilary Kosloske

Don Snyder by Elizabeth Fenwick

Winston and Millie  
by Candis Loy and Melinda Turner

Henrietta Foushee by Hilary Kosloske

Elaine Marlowe by Hilary Kosloske

Charles Boyst by Hilary Kosloske

Bob Dorezbache by Dr. Louis Gottlieb

Don Snyder by Melinda and Stan Tedder

Dennis Vickland by the Baldwin Family

Joan Trottier  
by Byron and Liz Oswald  
by Randy and Sherryl Peters  
by The Gordon Family  
by E.W. Human  
by Professional Placement Services  
by Phoenix Traffic Associates, Inc.  
by Harvard Logistics, Inc.  
by Robert Malmed  
by Carole Holt  
by Dee and Bob Vanell  
by Pamela Letourneau  
by Sara York  
by Edward and Betty Gill

Louise Fann Shinbara by Hilary Kosloske

Dorothy Campbell  
by The Baldwin Family

Robert Key  
by Dr. Richard and Sheryl Forbis

Treymore, Cotton Patch and Button  
by Deborah White

Jenny Bucknell by The Pallavicini Family

Hawkeye by Pam Greenholt

Jessie by Mary Ellen Malone

Miriam Newell by Maryanne Post

Stanley Dempski by Cindy Martin

---

## Student Sponsors

Student sponsorships are \$1000 per year and supplement costs that are not covered by tuition.

Teresa Dampier

Danny & Chris Herko

Nancy Smith

The Gordon Family

The Sims Family

Megan Fullgraf

## In Honor of

Walt Morgan by Donna Wilson

Vickie Newell and Lark Boy  
by Richard and Susan Phillips

Linda Collins by Curtis Harwell

Conner Rife by Hilary Kosloske

Hilary Kosloske  
by Tim and Nancy Graham

Caleb Pallavicini by Pat Epting

Kaye Johnson by Edith Johnson

Nell Barksdale  
by Martha and Byron Burkehart

Greg and Anne Epting  
by Dr. Richard and Sheryl Forbis

David and Claire Forbis by Martha Key

Rick and Nancy Hancock  
by George and Eleanor Wilson

Holly Forbis by Martha Key

Flash by George and Eleanor Wilson

Kerri Crater  
by George and Eleanor Wilson

Kyle and Marie Petty  
by Bill and Martha Gribble

Grant and Laura Williard  
by Bill and Martha Gribble

Reed Petty by Bill and Martha Gribble

David Petty by Bill and Martha Gribble

My brothers, sisters and their children  
by Kyle Petty

Frank and Diane Callaway  
by Denise Hash

Martha Key by Holly Forbis

Susan Hubbard  
by Robert and Helena Kenny

Dr. Vickie Newell by Diane Paige

Linda Collins and Barbara Bowman  
by Susan and Phillippe Sevin

Liz Baldwin  
by Charles S. and Beth D. Baldwin

Kimberly Tolar, Mary Burke,  
Vickie Newell and Mike Vaughn  
by Pam Greenholt

Lilly Welborn by Her Parents

Dr. Vickie Newell by Betty Wobker

Sara Beth Wobker by Betty Wobker

---

## Horse Sponsors

Horse sponsorships are \$1000 a year and help with their cost and care.

Angel - Alan and Susan Kirby

Blaze - Kyle and Marie Petty

Boomer - Courtney Czarnecki

Cody - Nancy Fowler

Fits - Collins Commercial Properties

Flash - George and Eleanor Wilson

Flash - Kerri Crater

Flash - Madeleine McGuire

Gator - Mariam Wright

Gator - Old Richmond Elementary School

Ibby - Family and Friends  
in memory of Joan Trottier

Kahlua - Cindy Martin

Kahlua - Cathy Goff

King - David and Jennifer Barksdale

Lucky - Vienna Elementary School

Pet - Greg and Anne Epting

Pet - Piedmont Natural Gas

Sassy - Lilly and Ward Clapp  
& Cate and Lam Hardman

Thomas - The Hubbard Family

Thomas - Mariam Wright

## Gifts In Kind

Mariam Wright - hay

Dr. Doreen Hughes - Western saddle

Mike and Cynthia Walker - hay

Cook's Heating and Cooling, Inc.  
- furnace service and filters

Martha Key - paper products & stamps

Kelly Office Solutions  
- copier repair and service

Jerry Ratledge - hay

Walter Morgan - horse feed

Becky Boydston - Cody

Rita Overton  
- miscellaneous tack and riding apparel

Mary Beth Kitts - horse feed

Terry Watkins - riding boots

Juliette Hutchins - massage therapy

Victoria E. Newell, D.V.M - veterinary services

Nancy Fowler - Dressage saddle and bridle

---

## Corporate Sponsors

### Grand Champion Level

Modern Automotive Network, Inc.

Greystone Veterinary Service

Salem Kitchen

Macy's

Goodwill Industries of NC, Inc.

Wrangler

HanesBrand, Inc.

Sharpe Images

### Trophy Level

Kelly Office Solutions

Modern Chevrolet

Modern Toyota/Scion of Boone

Toyota Dealer Match Program

BB&T/Scott & Stringfellow

### Blue Level

Collins Commercial

Thoroughbred Training Center

Mobile Doc

### Red Level

Piedmont Natural Gas

LTD Farm & Garden

Star H Equine Insurance

Bronson Wellness Center

Wooly Chaps

### Yellow Level

The Interflex Group, Inc.

Cook's Heating and Cooling

Newbridge Bank

Winget Art - Farmhouse Studio

Stokes Tire

Custom Homes by Hamrick

Dear Friends,

Riverwood is growing! As Riverwood's founder and Executive Director I have had the opportunity to see not only the amazing achievements of students but also the selfless dedication of our volunteers and staff, the generous financial support of the community and the continual inspiration and healing capacity of the horse. Over the past 19 years Riverwood has been a forever home to 27 horses and over 1000 clients. It has grown from a small 6 stall barn with a 10 x 10 office to the beautiful barn and indoor arena that stands today.

Beginning this month Riverwood has again taken steps to meet the needs of our community. We are expanding the upstairs space in the Riverwood barn to make room for additional staff to accommodate the increase in our services. The Mobile Educational Outreach trailer, which was just a dream a year ago, is in production and will give us the opportunity to take Riverwood on the road. Beginning this summer we will be able to meet our clients away from the farm and also offer community education about Equine Assisted Activities and Therapy.


Increasing research in the field and positive outcomes is evidence that Equine Assisted Activities and Therapies have not only become accepted but a valued and valid treatment option for people with special needs. Addressing physical, social and emotional needs, Equine Assisted Activities and Therapies help veterans, children, adults and families discover that the farm, horses and the gifts of nature provide a unique educational opportunity. The healing and spiritual growth that takes place in the farm setting cannot be matched in a school building, clinic or office setting.

Join us this spring for our open house or spring horse show. Sign up to be a volunteer, participate in a fundraising event or just come for a visit. This is great time to get involved and make a difference in your community. Please sign up for our e-news so you are sure to stay on top of activities and, especially, to be one of the first to visit the new MEO.

With thanks,

Susan

NON-PROFIT  
US POSTAGE PAID  
PERMIT 296  
WINSTON-SALEM, NC

 Riverwood Rider  
Riverwood Therapeutic Riding Center  
6825 Rolling View Drive  
Tobaccoville, NC 27050