

Riverwood Rider

August 2013

Volume No. 44

6825 Rolling View Drive Tobaccoville, North Carolina 27050 www.riverwoodtrc.org (336) 922-6426

Summer Session 2013 Beats the Heat



Thanks to the rain, some cool breezes and some really great activities, Riverwood has enjoyed a fantastic summer session. This has been our largest summer session to date with over 60 participants each week. In addition to our regular classes, we have been host to several extra programs that have introduced so many people to the amazing world of horses.

We welcomed over 40 participants from ABC of NC, a school for autistic children and adolescents, who rode, groomed, learned about the horses and immersed themselves in the farm for a week.

We had a group of children from Today's Child learning center who painted Fits as a war horse and learned about the Native American history of horses.

We hosted mental health professionals and community participants for an educational opportunity called Taming Panic which introduced people to the positive effects equine assisted psychotherapy can have on individuals diagnosed with PTSD and other anxiety disorders. We also welcomed a distin-

guished group of military veterans and their spouses, who will be assisting us with developing our first veteran-specific equine assisted psychotherapy for groups of veterans in our community.

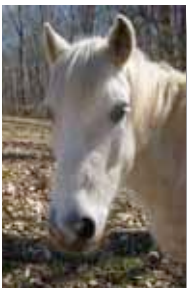
Our volunteers have been more than generous this summer with their time and enthusiasm. There are not enough words to express the thanks we have for all of you who commit to being at the farm helping our riders each week. If you've had a great experience at the farm this summer, please invite someone to attend one of our volunteer orientations so they can experience the magic that happens at Riverwood.

Our horses, literally, carry the load each day here at the farm. Just like our participants, our horses have different backgrounds, experiences and so many things to teach us. This summer we have witnessed the horses doing amazing things and bringing out the best in people.

We hope you will take some time, as the summer wanes into fall, to call on us and visit the farm to see the wonderful things happening each day.



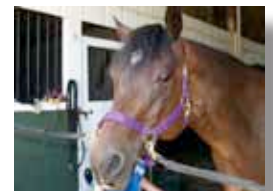
Welcome Lucky and Kahlua



It is always exciting to have new horse faces around the farm. This year, we have had two new arrivals who have quickly worked their way into our hearts.

Lucky is a 13 hand welsh cross who is spunky and mischievous. His long stride and easy going attitude make him a perfect match for our riders and our EAP program. He is very food motivated and will do almost anything, including climbing over a fence, to get to green grass!.

Kahlua is a 15.1 hand quarter horse mare who is lovely inside and out. Her big chocolate eyes are very kind and her comfortable gait is perfect for some of our more timid riders. She is sweet and gentle with a fondness for being scratched under the chin.



Calendar of Events

Please go to www.riverwoodtrc.org for more information.

- August 24: Volunteer Orientation 9-12:30
- August 26: Fall Classes begin for afterschool
- September 9: Morning SCS and CC Classes begin for 8 weeks
- September 12: Stokes County Fair Horse Day (Thursday 4:00 pm)
- September 14: Volunteer Orientation 9-12:30
- September 21: TFIF & RW Benefit Horse Show at TTC; Timed Trail Ride
- September 27: Friday Family Fun Night 6:00-7:30 PM
- October 4-13: Dixie Classic Fair
- October 12: Volunteer Orientation 9-12:30
- October 18: No EAP, no SCS classes. Set up for BGB
- October 19: Blue Grass Bash Annual Fundraiser
- November 1: Friday Family Fun Night 6-7:30 PM
- November 2: Volunteer Orientation 9-12:30
- November 16: Fall Horse Show at Riverwood!!!
- November 27-29: Thanksgiving break, no classes
- December 6: Friday Family Fun Night 6-7:30 PM
- December 14: Volunteer Orientation 9-12:30
- December 16-20: Volunteer Appreciation Week
- December 23- January 3: Holiday break, no classes

2013 BlueGrass Bash

Riverwood's largest annual fundraising event, the BlueGrass Bash, will be held on Saturday, October 19th at the farm. Make plans now to attend! Good Times BBQ will again serve up their award winning, local barbecue. We will have live bluegrass music from Back Porch Bluegrass and Reel Shady will play for our contra dance. We will also have delicious homemade desserts, a fabulous silent auction, and a 50/50 raffle. Raffle tickets are \$5 each or 5 for \$20. All money earned from ticket sales will go into a "pot", and the winner will be drawn at the Bash. The winner receives 50% of the money and the other 50% will benefit Riverwood. You do not need to be present to win, so buy your tickets today!



BGB tickets are \$30 each, children 6 and under are our guest. Tables for 10 may be reserved in advance for \$275. Seating is limited, so be sure to reserve early. You can purchase tickets or a table directly from our website. Please visit www.riverwoodtrc.org/BlueGrass-Bash.aspx

There are many ways you can participate and help make the Bash a success. We need donations for the silent auction and sponsorship levels range from \$250-\$7500. Please call us at 336-922-6426 or email rtrc@windstream.net for more information.

E-News

Riverwood is available 24/7 by going to our website at www.riverwoodtrc.org or you can like us on Facebook. If you still can't get enough, please sign up for our e-news mailing list by sending us an email at rtrc@windstream.net. The e-news arrives once a month and will let you know what is going on at the farm that month.

Fall Horse Shows and Riding Opportunities

There are several fun events for riders of all levels this fall. We are excited to be joining with Triad First in Families (TFIF), again this year, to co-host a benefit horse show at Thoroughbred Training Center (TTC) in Mocksville.



This show will take place on Saturday, September 21 and will be an open show with a little something for everyone, even over fences. Proceeds from this show will go to Riverwood and TFIF, so your support will be helping two great community organizations. Class sponsors are needed so please contact Riverwood or go to our website if you'd like to sponsor!

In addition to the open show on September 21, there will also be a timed

trail ride through the beautiful land on, and surrounding TTC's farm. There are three speed divisions with a little something for everyone. It's a safe and accessible ride, perfect for beginners or a great opportunity for galloping some really nice rolling hills if you are training for an event. Western or English, you will love this ride!

Riverwood will be offering a new show specifically for riders with special needs at the Riverwood Farm on Saturday, November 16. This show will be structured similarly to a games rally and will provide classes that will challenge riders' skills and partnership with their horse. If you are interested in attending as a rider, or if you are a therapeutic riding center who would like to bring students, please call the Riverwood office for more details.

Graduating Volunteers and Students

Each year we have to say goodbye to wonderful volunteers and students who are graduating from high school and college. We will miss each and every one of them, but know they are moving on to great things. Their service to Riverwood's clients has made a profound impact, and we know that they will carry the memories made with them for years to come. Congratulations, graduates!

McKenzie Bryant	Addison Collins	Jamie Garrido	Laura Hebard
Sarah Madden	Patrick McGrath	Aliza McIlwain	Katie Pazur

New Staff Members

Recently, we have had several changes to our staff around the farm. Our former office manager and volunteer coordinator, Peyton Porter, will be moving back to Oklahoma with her husband to be close to their families and a new job for Justin. For those of you who know Peyton, her smile and enthusiasm will be greatly missed! Taking over Peyton's desk will be Cindy Martin. Cindy has been a vital part of Riverwood through the years and has been here since Riverwood opened. Most folks know her as an instructor, but Cindy is also pursuing a degree in non-profit management and will be putting her skills to great use in the Riverwood office.



We wish great luck to our barn worker, Jamie Garrido as she heads off to college in eastern NC. Jamie has been with Riverwood for many years as a volunteer and caretaker.

We thank Margaret Rivers for her hard work and timeless energy she gave to Riverwood this summer while completing her practicum for a degree in Recreational Therapy at UNC-Greensboro. Margaret worked hard on establishing criteria and planning program activities for many of the summer groups who visited.

We wish a fond farewell to Kathylyn Barnhill. Kathylyn has been a parent, volunteer, instructor and physical therapist at Riverwood for many years. She has been the leader of the Hippotherapy program and has been involved with teaching the Children's Center classes as well. Kathylyn will be leaving Riverwood to pursue full time work in a clinic in Winston-Salem.



We welcome Lynette Forest as an instructor in training who hopes to gain her certification by mid-August. Lynette has been a dedicated volunteer with Riverwood and has a passion for working with people with all types of special needs.

We are excited to have Aliza McIlwain working for us and pursuing her instructor certification, as well as learning the ins and outs of the work we do at Riverwood. Aliza held an internship at Riverwood over the summer and has been instrumental in designing some of the programs we offered to participants. She recently graduated from Appalachian State University with a degree in Psychology and Dance.



The Riverwood family extends best wishes to everyone, coming and going, who works so hard to help our program

Benefit Car Show

We would like to thank the Classic Muscle division of Modern Chevrolet for their continued support of Riverwood. Every year the wonderful staff plans a car show and invites muscle car enthusiasts from the area to showcase their amazing cars. They sell t-shirts, raffle off gift baskets and have a 50/50 cash raffle with all the proceeds benefiting the programs at Riverwood.

The clear weather resulted in one of the largest crowds to-date featuring a wide variety of cars including beautifully restored antiques, hotrods and new models. We got to catch up with some old friends and make new ones at the information booth. Thanks to the staff for organizing the event and to everyone who came out to support the show.

Board Members

Susan Bradford - Mary Hitchcock
Lacy Azevedo - Hilary Kosloske
Kathy Brookby - Greg Holthusen
Marcella Farmer - Susan Hubbard
Linda Collins - Victoria E. Newell, DVM

Community Care Lunch

On May 21, Riverwood held its third community care lunch. Thirteen table captains invited seven guests each to come and enjoy a delicious lunch from Salem Kitchen at Brookstown Inn in Winston-Salem. Modern Chevrolet was the title sponsor for our lunch. Our guests learned about Riverwood through a video that tells the Riverwood story through the eyes of our beloved horse Tony. Ann Geis, business owner and friend of Riverwood, and Linda Collins, board president, volunteer and supporter, presented Riverwood through their unique perspectives. Andrew Thomas, the parent of a Riverwood student, finished our program with a moving story of about his child's journey of the last few years. He shared with all of us the positive impact that horses and Riverwood have made in the life of his daughter.

Through the generous donations made by our guests, Riverwood raised \$13,000 that will go towards scholarships and horse care.

Calling All Interested Volunteers!

As our 2013 fall session draws near, we would like to take a moment to remind you that the success of our students and our program hinges directly on our volunteers. We depend on them to be fearless leaders for our horses and supportive sidewalkers for our students. Without them our program would not exist, as they are vital to a successfully run class. If you haven't already, please consider coming out to volunteer! We hold orientations each month to train even those who have had absolutely no horse experience be able to safely handle the Riverwood horses and assist with students.

Our next orientation is Saturday, August 24th at the farm. Please check our website for other upcoming orientation dates, and let us know if we should expect you by calling the office at 336-922-6426 or by emailing us at rtrc@windstream.net.

Riverwood Contributors

Since January 2013

Thank you all...We hope we haven't missed anyone. Your continued support is appreciated.

Martha Key
Craig and Susan Peatross
George and Anne Shipp
Gamma Nu
Arthur Dunphy
John Palmer
BB&T Scott and Stringfellow
Flex Pay Business Services
James and Sherry Stancliff
Laurie Smith
Lorie Leonard
August and Susan Stone Borschke
Michael and Amanda Phillips
Dennis and Linda Faber
Kristin Harford
Charles Wooten and Stephanie Messer
Lamb Foundation of NC, Inc.
Robert and Helena Kenny
Tim and Ashley Dalton
Mike and Linda Ernst
Jennifer Marion
David and Melissa Wilkins
Bill and Janice Blackburn
John and Karen Bohland
The Forest Family
Mac McCurdy
Pages Screenprinting LLC
Ogburn Stables
Don and Sharon Smith
Green Bear Forge
Serendipity Stables
Pam Greenholt
Dan and Denise Haley
Home Moravian Church –
Women's Fellowship
Sandra Koziara
Elizabeth Barksdale
Kathlyn Barnhill, PT
Paul and Judy Briggs
Ron and Lisa Britt
Nancy Burnett
Cindy Caines
Annamarie D'Souza
Julia Breckinridge Davis
Robert and Rose Davis
Angela De Varona, PhD
Kimberly Edwards
Scottie and Kelly Emerson

Michael and Linda Ernst
Robert Finch, MD
Gabby Fitts
Jim and Ruth Flynn
Dan and Lynette Forest
Robert Greene, Jr.
Scott and Julia Hanes
Martha Harper
Phyllis Harrell-Vaughn
Richard and Frances Harrington
Alice Hinman
Michael and Mary Hitchcock
The Hubbard Family
Doreen Hughes, MD
Rashid and Leigh Ann Janjua
Timothy and Susan Janke
Cathy Kiser
Cheryl Lindsay
Nancy Monda
Amy Orser
Tim and Jenn Pardee
Craig and Susan Peatross
Nancy Peebles
Carolyn Pendergraft
Renaee Reed
Susan Sams
Tim Sechrest
J. Brooke Smith
Jim and Patti Smith
Dick Snelsire
David and Carol Taylor
Gail Theard
Allison Watts
Aaron and Cynthia Williams
Jane Williams
Michael and Arlene Alford
Glenda Boles
Andrea and Carey Bostic
Kenneth and Toni DeLoach
David and Carolynne Frisbee
Patrick Johnson
Thomas and Renee Johnston
Russell and Melissa Kahle
Bobby and Sarah Mathis
L.D. McCaskill
Bonnie Morine
Jerry and Beverly Smith
Beth Spieler

John and Mary Ann Justus
Taryn Leverton
Bonnie Stewart
Wrangler – VF Services, Inc.
BB&T
Nash Simonet
Southern States
Kevin Oliver
Calvary Moravian Church –
Women's Fellowship
Margaret Poovey

In Memory Of

Donald Lindsay Snyder
by Porter and Lucille Gray
by Charles Snyder
by Ann King
by Karla Frank
by Charles and Minda Hunte
by Atrice McCann
by VFW Post 9010
by Rob and Pam Stoneburner
by Animal and Poultry Science Staff
by Celeste Crismon and Will Golding
by George and Eleanor Wilson
Miriam Newell by Maryanne Post
Sooner by Don and Sharon Smith
Brook Dryden by Lauren Eberle
Witt Howard by Hilary Kosloske
Suzzane Nifong Baker
by Sandra Winters
Audrey Hauser by Hilary Kosloske
Leroy McLamb by Hilary Kosloske
John Holdren by Hilary Kosloske

In Honor Of

Hilary Kosloske by Denise Merinar
Lark by Vickie Newell
Julia McCann by Karla Frank
Martha Key by Clement Williams
Jennifer Marion by Candis Loy
Mari-Jo Dryden by Lauren Eberle
Hilary Kosloske by Elizabeth Sloan
Sally Bridges by Julian and Sara Bridges
Lucy Huie by Caleb Pallavicini
Courtney Booze by Dana booze

Gifts In Kind

Mary Hitchcock – show clothes
Susan Casper – horse equipment
and paper goods
Chris Lacy – horse equipment
Notti Toffee – toffee and cheese pails
Linda Harbison – hay
Miriam Wright – hay
Barry Knight – horse equipment
Kelly Office Solutions – copier supplies
Walter Morgan – feed
Vicki Newell – vet services

Student Sponsors

Student sponsorships are \$1000 a year and supplement costs that are not covered by tuition, including scholarships.

Teresa Dampier
Chris and Danny Herko

Horse Sponsors

Horse sponsorships are \$1000 a year and help with their cost and care.

Angel - Alan & Susan Kirby
Blaze - Kyle and Marie Petty
Boomer - Doreen Hughes and Diane Behar
Boomer - Courtney Czarnecki
Fits - Collins Commercial Properties
Flash - George and Eleanor Wilson
Flash - Kerri Crater
Flash - Madeline McGuire
Gator - Mariam Wright
Gator - Old Richmond Elementary School
Ibby - The Hines Family
Kahlua - Cindy Martin
King - David and Jennifer Barksdale
Lucky - Vienna Elementary School
Pet - Lovell's Little Bits
Sassy - William and Marie Davis
Skip - Mary Taylor
Thomas - The Hubbard Family
Thomas - Miriam Wright

As the cost of keeping our horses increases, we hope to have at least two sponsors for each horse. Please consider a sponsorship.

Wish List

- Legends 11 Horse Feed
- Equimin Mineral Blocks
- Actiflex 4000 Joint Supplement
- New 6 foot cotton lead ropes
- Horse Shampoo
- Paper Towels
- Copier/Printer Paper
- Toilet Paper
- A4 Invitation Envelopes
- Stamps

Corporate Sponsors

Grand Champion Sponsors

- Goodwill Industries of Northwest NC
- Wrangler
- Macy's
- Modern Automotive Network
- Salem Kitchen
- Greystone Veterinary Service
- Triad Moms on Main

Trophy Sponsors:

- Sharpe Images
- AJ Linville Foundation
- Kelly Office Solutions
- Modern Chevrolet
- Modern Toyota/Scion of Boone
- Toyota Dealer Match Program
- BB&T/Scott and Stringfellow

Red Ribbon Sponsors:

Piedmont Natural Gas
Kids in Motion Therapy Services
LTD Farm & Garden
Star H Equine Insurance
Bronson Wellness Center

Blue Ribbon Sponsors:

- Collins Commercial
- The Mobile Doc, PLLC
- Lovell's Little Bits
- Thoroughbred Training Center
- Stokes Tire & Automotive

Yellow Ribbon Sponsors:

Harmony Ridge Farms
Lindsay & Gardner CPA's LLP
The Interflex Group, Inc.
Cook's Heating and Cooling
Newbridge Bank
Lane Industries Racing
Wooly Chaps

Loyal Leaders and Special Sidewalkers

Joy Marshall	Jesse Ayers	Martha Wells
Caleb Greenstein	Jacob Souza	Mary Beth Wells
Micah Orr	Josephine Monaghan	Jennifer Vickers
Chelsea Eversmann	Paul Monaghan	Taylor Vickers
Courtney Cooper	William Monaghan	Lori Sykes
Garrett Riddle	Jake Browne	Tiffany Smith
Annmarie Hall	Claire D'Alissio	Peter Souza
Delaney Rudolph	Bill Blackburn	Lindsay Saunders
Olivia Perkins-Mackey	Emily Britt	Margaret Rivers
Abby Riddle	Kyle Byers	Kim Powers
Anna Peters	Killian Davis	Janet Portis
Mikayla Johnson	Janet Erwin	Christina Nusselder
Joshua Grimes	LaDonna Grimes	Kim Miller
Devereaux Swaim	Katrina Hughes	Melanie Cole
Sarah Councill	Phoebe Loew	Hannah Connolly
Jodie Gibby	Vanessa Bateson	Linda Crews
Denise McRoberts	Ruthie Anderson	Tristan Midkiff
Dale McRoberts	Moriah Butner	Rico Walker
Rachel Harbinson	Cathy Goff	Nicholas Whitehead
Mary Rumble	Josh Herron	Kelsey Widenhouse
Linda Harbison	Lindsay Jones	Lynn Widenhouse
Elizabeth Monaghan	Wendy Satori	Jessica Smith

Dear Friends,


Riverwood has had a wonderful summer session. We partnered with both ABC of NC, a local school serving children on the autism spectrum, and Today's Child, introducing therapeutic riding to 55 children in addition to the 60 children and adults served in our weekly sessions. We have had the opportunity to witness growth in so many ways, including increased muscle tone, increased language and social skills as well as the development of riding skills.

Looking ahead we will have a very busy fall session. The Centers for Exceptional Children will be back with 30 children each week, and 60 students in our after school, equine-assisted learning and equine assisted psychotherapy programs. Our waiting list continues to grow with 17 students hoping for an opportunity to participate in our programs.

The fall is also the time when Riverwood must finish the year with a balanced budget as well as raise the necessary funds to make the capital expansion needed to accommodate the increasing demand for our services. We have an immediate need to finish the upstairs in the Riverwood barn to provide additional space for offices and a multipurpose room. In addition, Riverwood hopes to take our services on the road to provide equine assisted activities to those clients who may not be able to get to the farm. The Mobile Educational Outreach trailer would provide these services, housing a pony and providing experiential and interactive activities. We are asking for your support in the coming months by attending one of our fundraising events: the Bluegrass Bash or the benefit horse show at TTC, or making a financial contribution. Your support helps to provide scholarships for the families in need, care for the horses, and helps Riverwood grow so that we can serve those children and adults with special needs who will benefit from our services.

Susan

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