

Riverwood Rider

January 2013 Volume No. 43

6825 Rolling View Drive Tobaccoville, North Carolina 27050 www.riverwoodtrc.org (336) 922-6426

Bluegrass Bash

Our largest fundraiser of the year, The Bluegrass Bash, was held on Saturday October 27th here at the farm. We had nearly 200 guests who enjoyed a therapeutic riding demonstration, dancing, great bar-b-que, a 50/50 raffle and wonderful items to bid on in the silent auction.

We can say without hesitation that this was one of the most successful events we have ever had, with a grand total of over \$20,000 raised through ticket sales, BGB donations, raffle tickets sold and the silent auction. The money raised at this event goes directly to horse care and student scholarships and helps us reach our goal of being able to purchase and operate a Mobile Education Outreach trailer so we can take Riverwood on the road!

We would like to extend a huge thank you to event sponsors, Rick and Nancy Hancock, our bands Reel Shady and Backporch Bluegrass, Goodtimes Bar-B-Que, our philanthropy committee, all our donors of items for the silent auction and the countless volunteers we had on hand who helped make this year's Bash one of the most successful ever!

Though it seems like the fall is a long time away, make sure to mark your calendars for the 2013 Bluegrass Bash to be held on October 19.



Student Profile

Daniel Boccardi



Age: 10

Length of Time Riding: 3 Years

Favorite Riverwood Horse: Daniel loves riding ALL of the horses!

Favorite Riverwood Activity: Taking care of horses and learning about different tools

Benefits received from therapeutic Riding: Not only does he receive physical benefits such as increased muscle tone, balance and coordination, he also has developed confidence. He loves helping his instructor, Mr. Kyle, take care of the horses, which has taught Daniel responsibility. His language also improved dramatically when he first started riding as a preschooler.

Other interests and hobbies: Reading, working on the computer, tractors, trains and other big machines

Calendar of Events

Please go to www.riverwoodtrc.org for more information.

Winter 2013:

January 7: Classes resume
January 12: Volunteer Orientation
January 28 - March 25: CEC 8 week session (no 2/18/13 class)
February 2: Souper Bowl Chili Fundraiser
February 9: Volunteer Orientation
February 18: No CEC classes
March 9: Volunteer Orientation
March 22: Friday Family Fun Night: at the Farm 6-7:30 PM; all are welcome!

Spring 2013:

April 1 - April 5: Spring Break; no classes
April 13: Volunteer Orientation
April 19: NWAHEC Presentation: Taming Panic: Using Equine Assisted Therapies with Victims of PTSD and Anxiety Disorders
April 27: Benefit Timed Trail Ride at TTC
April 8 - June 3: CEC 8 week session (no 5/27 class)
May 2: NWAHEC Hippotherapy Presentation
May 11: Spring Fling Show at Riverwood
May 18: Volunteer Orientation
May 24: Friday Family Fun Night: at the Farm 6-7:30 PM all are welcome!
May 27: No Monday Classes- Memorial Day
May 31: Final day of afterschool classes
June 1: Benefit Horse Show and Timed Trail Ride at TTC
June 3: Final Day of CEC class

Summer 2013:

June 10 - July 26: Summer Session
June 14: NWAHEC Presentation: Taming Panic: Using Equine Assisted Therapies with Victims of PTSD and Anxiety Disorders

Fall 2013:

August 26: Year Round Riding Schedule Begins
September 21: Benefit Horse Show and Timed Trail Ride at TTC
October 5-7: TRAV Horse Show Lexington, VA
October 19: Annual Bluegrass Bash Fundraiser

2013 Timed Trail Rides and Benefit Horse Shows

Please mark your calendars for some exciting events coming up in 2013! This year, we are looking forward again to partnering with Thoroughbred Training Center (www.ttcmocksville.com) in Mocksville, NC to offer the community several timed trail rides. The McCashin family, who has owned and run TTC for many years, are opening their beautiful farm and neighboring land for all to enjoy. This is a competitive trail ride that offers levels for every horse and rider combination.

Timed trail rides will take place on April 27, June 1, and September 21, 2013.

In addition to the trail rides, also we will hold two Open Shows at TTC. These shows will have an opportunity for all levels to compete and have fun. We will have lead line, English, Western, and trail/obstacle classes as well as classes appropriate for therapeutic riding students. This is an excellent opportunity to support Riverwood and enjoy fun events with other equine enthusiasts throughout our community. The horse shows will take place on June 1 and September 21, 2013. We hope to see you there!

**Please contact Riverwood (336-922-6426 or rtrc@windstream.net) if you are interested in volunteer opportunities at any of these scheduled events. There are also sponsorship opportunities available. Please visit our website (www.riverwoodtrc.org) and watch for details, or contact us for class sponsorship information.*

Volunteers Needed

If you've ever thought about becoming a Riverwood volunteer, now is the time! We are always looking for new leaders for our horses and sidewalkers for our students.

Don't have any experience working with horses or those with special needs? No problem! We will teach you everything you need to know in one of our monthly volunteer orientations.

Please refer to our website, www.riverwoodtrc.org, for upcoming orientation dates, and be sure to let us know if we should plan on expecting you by calling the office at 336-922-6426.



2012 Dixie Classic Fair

Riverwood won first place at the Dixie Classic Fair for educational booths in 2012!

The theme this year was "Only at the Fair" and the Riverwood booth showcased many of the games and fun opportunities we offer to our students. Our staff, students and volunteers worked hard to design and decorate a booth that really displayed what can only be found at Riverwood. The topper was the rotating carousel with a picture of each of the Riverwood horses on it.

We'd like to thank everyone who contributed their efforts in helping make our booth spectacular!

Board Members

Susan Bradford - Mary Hitchcock
Lacy Azevedo - Hilary Kosloske
Kathy Brookby - Greg Holthusen
Marcella Farmer - Susan Hubbard
Linda Collins - Victoria E. Newell, DVM

Upcoming Continuing Education Events

This year will be a great one for those in the community who are interested in learning more behind the science, research and efficacy of Equine Assisted Activities. We will be offering two distinct opportunities for health professionals and any interested individuals through the NW AHEC sector of Wake Forest Baptist Medical Center.

On April 19 and June 14, 2013 we will offer Taming Panic: Equine Assisted Psychotherapy & Equine Assisted Learning in the Treatment of PTSD and other Anxiety Disorders. This workshop, a follow up to our introductory workshop on Equine Assisted Psychotherapy, will be of interest to mental and allied health professionals including psychiatrists, psychologists, social workers, licensed professional counselors, occupational therapists, occupational therapy assistants, recreational therapists, therapeutic recreation specialists, nurses, educators and other interested health professionals, especially those working with veterans.

On May 2, 2013 we will be offering Hippotherapy: Therapy with the Help of a Horse. This introductory workshop will be of interest to allied health professionals including physical therapists, physical therapy assistants, occupational therapists, occupational therapy assistants, and speech language pathologists. Participants will benefit from valuable information regarding utilizing Hippotherapy as a treatment tool to achieve functional outcomes in a nontraditional setting.

For more information on these events, please see our website or email us for a registration link.



Riverwood Summer Riding Opportunities

Save the date! Summer Session 2013

Are you looking for a safe, fun and educational opportunity for you or your child this summer? Check out the Summer Riding Lesson programs that we offer to children and adults in our community.

WHO: Lessons are available for ages 3 to adult, who are typically developing or with special needs, beginner through intermediate riders.

WHEN: Seven weeks from June 10 through July 26, 2013. Early morning and later evening classes are available. Limited private lesson spots will be available, as well as plenty of group sessions.

WHERE: Riverwood Farm in Tobaccoville, 15 minutes west of Winston Salem.

For more information please call 336-922-6426 or email rtrc@windstream.net

Registration begins February 1 on a first come, first serve basis.

Stayed tuned to our website for special classes and opportunities during the summer program.

Special Sidewalkers and Loyal Leaders

(new volunteers)

Mike Sharpe	Carla Sharpe
Gabriela Lee	Ashley Dalton
Donna Gentry	Savana Tochtrop
Peter Cullen	Hannah Kreidler
Carlyn Cogar	Christy Kreidler
Sally Bridges	Christine Bloomfeld
Brittany Swift	Amanda Day-Brown
John Robeson	Beth Doub
Victoria Scarpa	Darlene Lukes
Jessica Tobias	Adam Marshall
Marge Harford	David Harford
Allison Johnson	Jenn Crain
Isabel Maggio	Kayla Whitney
Cathy Garrity	Monica Dittmer
Sarah Vendetti	Jessi Moore
Jenna Rice	Hannah Thomas
Dawn Fisher	Aleksandreja Kulits
Salem Vest	Sivashonkari Bharathi
Susan Casper	Donna Kernodle
Julia Lankau	Melenie Lankau
Mary Larrimore	Markus Parker
Linda Pauley	Nikki Makkinejad
James Pauley	Donna Reece
Katie Pazur	Alexander Sawyers
Karen Havis	Hunter Neuhoff
Lisa McCook	Nicole Kemerling

E-News

Want to make sure you are staying current with the happenings around Riverwood? Sign up for our monthly e-news edition of Riverwood Rider. This newsletter ensures you have current information regarding events such as fundraisers, volunteer orientations, class scheduling and more. It's easy to get on the email list. Simply go to www.riverwoodtrc.org, scroll down to the bottom of the page, enter your email address and click submit.

Riverwood Contributors

Since August 2012

Thank you all...We hope we haven't missed anyone. Your continued support is appreciated.

W. Frank Badgett	Beth Hano	Craig and Susan Peatross
Pat Baker	Janet Hano	Dorothy Pennington
Mrs. Blevins Baldwin	Julia and Wayne Hauser	Dr. and Mrs. Nicholas Placentra Jr.
Walter and Kathy Beroth	Sarah Heist	Mary Reardon and Jeff Harbinson
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Donna Burke	Anita Henderson	Michael and Carolyn Rush
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Rusty and Kathy Davis	Hilary Kosloske	James and Sherry Stancliff
Eddie and Sandy Day	Dave Lawson	Luann Steele
John and Barbara De Angelo	Alice Long	Ken Steele
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Pam Divan	Marcia Maynard	Stanley and Melinda Tedder
Patricia Dixon	Thomas F. and Jane W. McKim	Gail Theard
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Charlotte Eggers	Walter and Linda Meadors	Michelle Tucker
Sammy and Ann Elliott	Sandra and Don Mikush	Linda Turner
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Elizabeth Fenwick	Louise Monroe	Julie Watts Wright
Deborah Fitts	Curtis Montgomery	Brenda and Edgar Welch
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Jim and Becky Forrest	Barbara Mowery	Jeanne Wilkinson
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The Gandhi Family	Mount Tabor United Methodist Men's Club	Gayle Williams
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Julia Gilliam	John and Ian Owen	Mel and Jennifer Williams
Fran Gordon	George Pain	Betty Wobker
Karen and Douglas Gordon	Chris and Laura Pallavicini	Vee Wolff
Tim and Nancy Graham	Robert and Marilyn Parker	Alice Wrenn
Linda and Peter Hall	Brett and Bernadette Paulsen	Judy and Reginald Yarbrough

In Honor Of

Jan Tindal by Jenny Brandmon
Jerry Bradmon by Jenny Bradmon
Preston Scott by Laura Scott
Doreen Hughes by Donna Burke
Liz Baldwin
by Burton and Frances Reifler
Lacy Azevedo
by W.R. Vernon Produce Company
Greg and Anne Epting
by Dr. and Mrs. Richard Forbis
Preston Scott and Sassy
by Jennifer Marion
Reed Petty by Bill and Martha Gribble
Kyle and Marie Petty
by Bill and Martha Gribble
by Jim and Anita Conrad
by Laura Williard
by Kate Petty and Oliver Baranczyk
Tom and Kathryn Russell
by Bill and Martha Gribble

Grant and Laura Williard
by Bill and Martha Gribble
David Petty by Bill and Martha Gribble
Dr. and Mrs. Richard Reuhland
by Anonymous
The Riverwood Staff and Instructors
by Hughes Equine Energy, PLLC
Tom and Kathy Hughes
by Hughes Equine Energy, PLLC
Martha Key by Holly Forbis
Martha Key by David Forbis
Bill and Martha Gribble
by Laura Williard
Doreen Hughes and Diane Behar
by Donna Burke
Liz Baldwin
by Mr. and Mrs. Charles Baldwin III
Donna Ensley
by James and Barbara Bowman

Horse Sponsors

Horse sponsorships are \$1000 a year and help with their cost and care.
Angel - The Piedmont Kiwanis Club
Angel - Alan & Susan Kirby
Blaze - Kyle and Marie Petty
Boomer - Doreen Hughes and Diane Behar
Boomer - Courtney Czarnecki
Fits - Collins Commercial Properties
Flash - George and Eleanor Wilson
Flash - Kerri Crater
Flash - Madeline McGuire
Gator - Mariam Wright
Ibby - The Hines Family
King - Jennifer and David Barksdale
Pet - Lovell's Little Bits
Sassy - William & Marie Davis
Skip - Mary Taylor
Thomas - The Hubbard Family
Thomas - Mariam Wright
As the cost of keeping our horses increases, we hope to have at least two sponsors for each horse. Please consider sponsoring a horse.

In Memory Of

Savanna by Tiffany Ehnes
Briana Tindal-Barrier
by James and Nellie Roberts
by Viking Polymers, LLC
by Robert and Freda Watt
by Dorothy Shelton
by Jenny Bradmon
by John and Judith Roberts

John Byron Keeter by Mary Jo Whitley
The Angels from Sandy Hook
Elementary School
by Greg and Anne Epting
Bob Key by Dr. and Mrs. Richard Forbis
Art Rapp, Trey Moore and Cotton Patch
by Deb White
Katie Fitzgerald by Karen Fitzgerald

Student Sponsors

Student sponsorships are \$1000 a year and supplement costs that are not covered by tuition, including scholarships.
Teresa Dampier
Nancy Smith
Amy Pope-Stinnett
Leslie Blixt
Modern Automotive Network, Inc.
Greystone Veterinary Service
Salem Kitchen
Macy's
Triad Moms on Main
Goodwill Industries of NC, Inc.
Kelly Office Solutions
Bonfish Grill
AJ Linville Foundation
Modern Chevrolet
Modern Toyota/Scion of Boone
Sharpe Images
Stokes Tire
Collins Commercial Properties
Thoroughbred Training Center
Scott and Stringfellow
The Mobile Doc, LLC
Wrangler

Corporate Sponsors

Grand Champion Sponsors

- Goodwill Industries of Northwest NC
- Modern Automotive Network
- Greystone Veterinary Service
- Macy's
- Salem Kitchen
- Triad Moms on Main

Trophy Sponsors:

- Bonfish Grill
- Sharpe Images
- AJ Linville Foundation
- Kelly Office Solutions
- Modern Chevrolet
- Modern Toyota/Scion of Boone

Blue Ribbon Sponsors:

- Collins Commercial
- The Mobile Doc, PLLC
- Lovell's Little Bits
- Piedmont Kiwanis Club
- Thoroughbred Training Center
- Scott and Stringfellow
- Stokes Tire & Automotive
- Wrangler

From the Director

Dear Friends,

The New Year is a time for many to get a fresh start, make resolutions and renew commitments. At Riverwood, we have also given great thought to the upcoming year. In the coming months you will see new paint on the walls of the barn annex including the classroom, hallway and restrooms thanks to a crew of volunteers who have offered their help on the weekend. Our dream of having a Mobile Education Outreach is quickly becoming a reality with the help of our partners at Sharpe Images, Macy's, Goodwill Industries and Hanes Brands Inc. The MEO will allow Riverwood to make some of our equine assisted activities available to groups that are unable to come to the farm. It will also educate the community about our programs thereby promoting activities and therapy for those with special needs as well as volunteerism.

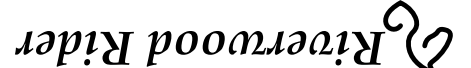
We are determined to decrease some expenses in order to keep our tuition costs down. This will mean increasing our volunteer efforts for mailings; it will mean being conscientious about waste, and finding creative ways to decrease expenses on supplies.

Our commitment to our clients, horses and community is our top priority here at Riverwood. We will continue to have a professional staff dedicated to help all persons reach their goals. Our horses, which facilitate each activity and therapy, will get the best care possible for the rest of their lives. To the community, we want to make Riverwood available to all who can benefit from our services.

To all who support Riverwood through our services, volunteering and donations - we are grateful for your gifts and commitment to our community.

Happy New Year!
Susan

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