

# Riverwood Rider

November 2010

Volume No. 38

6825 Rollingview Drive Tobaccolville, North Carolina 27050 [www.riverwoodtrc.org](http://www.riverwoodtrc.org) (336) 922-6426

## 2010 Bluegrass Bash a Stomping Success!

It was a very warm evening for this year's Bluegrass Bash, but that didn't slow down the music, the dancing or the fun! This annual tradition helps Riverwood raise nearly 17% of our income, and this year was a great success thanks to our sponsors, silent auction donors and the community for coming out to enjoy the event. Thanks also to our wonderful volunteers for the delicious homemade desserts and to our 2010 Board of Directors for serving everyone! Plans are already underway for some surprises and additional fun next year, so we hope to see everyone back on the dance floor!



## 2010 Riverwood Benefit Horse Show

The weather could not have been better for Riverwood's first benefit horse show hosted by Wonder's Run Farm in Winston-Salem on October 23<sup>rd</sup>. The perfect fall day brought nearly 100 participants out to support Riverwood and compete in the show! The open show featured English and Western pleasure, halter, equitation and showmanship classes as well as the popular and fan-favorite costume class. Competitive therapeutic riding classes were featured in the afternoon. Beautiful trophies donated by Mad Ceramics and QC Engraving, sashes and Bonefish Grill certificates went to the winners of the Championship classes. Local vendors offered delightful shopping and H.E.R.O. supplied concessions for the day.

Thank you to all of our sponsors – to Katie Murphy; Caren Carter-Lowrie with Tanglewood Art and Frame Gallery; Eddie Leagans, our entertaining announcer; and our judges, Shawn and Tim Potter and Angie Redding. Thanks also to Marilu Jason and Bonefish Grill for donating items and managing the rummage and bake sales. The day was a huge success, raising \$4,700 for Riverwood and bringing our local horse community together for a great cause. We appreciate all of the support from our volunteers and competitors!



## Welcome to Riverwood!!

If you've recently come down the Riverwood driveway, then you've seen our newest resident at the farm. Thomas the Train (aka Thomas) is a large 10 year-old black and white Welsh Cob who has worked his way into the program and our hearts. Thomas was generously donated by Michelle Hargrave and Hidden K farm. He had been a lesson horse as well as a jumper and eventer. His steady gait, large frame and unflappable attitude make him a perfect match for Riverwood. However, don't let his size fool you; he's quite agile, moves beautifully and will make our advanced riders really have to pay attention with his big trot and canter. The next time you are here, take a minute to look in his huge brown eyes and feel your heart skip a beat; he's very sweet!

## Calendar of Events:

Please go to [www.riverwoodtrc.org](http://www.riverwoodtrc.org) for more information.

November 2-December 21: Equus Experience

November 22-26: Riverwood Closed for Thanksgiving Break

December 6-10: Volunteer Appreciation Week

December 7: Volunteer Appreciation Luncheon at Bonefish Grill from 12 to 2

December 20-31: Riverwood Closed for Christmas Break

January 3, 2011: Happy New Year!

Monday morning and all after-school classes resume

## Horsing Around and Showing Off!

We'd like to congratulate all of our riders who took part in the two horse shows we attended during our fall session.

Liz Baldwin, Chris Hamilton, Austin Holloway, Madeleine McGuire, Dylan O'Neal and Jillian Rogers (and their families) made their way to Lexington, VA for a beautiful weekend of showing at the annual TRAV Therapeutic Riding Show in October. They were joined by their horses: Gator, Boomer, Blaze and Pet who also performed top of their



game for the weekend. These riders took part in Equitation Classes, Trail Courses, Pole Bending and Costume competitions. Each rider had to practice, practice, practice to attend this show and they all performed beautifully! We'd like to especially thank the staff and volunteers who assisted throughout the weekend.



Our second fall competition was the benefit show held for Riverwood at Wonder's Run Farm in Clemmons. This was a chance for our riders

to show off their skills and their horses to the rest of the horse community. This was the first big show for several of our riders and they all did a great job. Participants in this show were Liz Baldwin, Kayla Vickland, Eric Holthusen, Asha Gandhi, Emily Lewis, Dylan O'Neal, Austin Holloway, Tina Stiles and Eric Westendorff. Combined, they demonstrated skills in Equitation Classes, Trail Courses, Pole Bending and Costume. The final class of the day was the pole bending and the cheering and clapping brought the house down! We'd like to thank all the families, volunteers and staff who gave their time to help make this a successful day for everyone!

## Class Openings Available

We have a limited number of rider spots available in our adult therapeutic riding class on Monday mornings at 10:00. If you, or anyone you know, is interested in knowing more about this opportunity, please call the Riverwood office at 336-922-6426.

## Christmas Wish List

Dear Riverwood Santas,

We have been very good this year and all we want for Christmas is some Legends 11 pellets and Equimin blocks and, of course, horse treats. The nice folks at Clemmons Mill (4010 Hampton Road in Clemmons) and LTD Farm and Garden (931 Meadowbrook Drive in King) are willing to store all our "presents" until we need them. Please stop by and choose an item or two for us. We really have been very, very good this year!

Thank you and Merry Christmas!  
Angel, Blaze, Boomer, Flash, Fits, Gator, Ibbby, King, Pet, Sassy, Thomas and Tony

## Special Sidewalkers and Loyal Leaders

(new volunteers)

Carson Moore	Cindy Kupfer
Brooke Aaron	Andrea Parker
Jennifer Barksdale	Alex Kupfer
Debra Owenby	Lou Steen
Gabby Drouillard	Robert Mann
Caroline Kent	Lydia Gordon
Courtney Haley	Michal Mabray
Charlene Gilbert	Sydney Carver
Donna Sanders	Lauren Yeatts
Kim Beauchamp	Doug Fullerton
Mary Rose Biallas	Erin Yeatts
Catie Snowden	Imani Harris
Charles Snowden	Ann Prowda
Alexa Ball	
Emma James Barksdale	
Christopher Henning	
Christina Matthews	
Christopher Snowden	

## Board Members

Jennifer Barksdale - Jenifer Fowler  
 Nancy Hancock - Ashley Vogel  
 Susan Hubbard - Hilary Kosloske  
 Victoria E. Newell, DVM  
 Charlie Williams - Elizabeth Lenn  
 John Church - Marcella Farmer  
 Linda Collins

### Bonefish Grill

Riverwood proudly announces a partnership with Bonefish Grill of Stratford Road in Winston-Salem. Chip Phillips, Managing Partner, and his staff have joined with Riverwood to promote equine assisted therapy in our community. Bonefish Grill employees raised \$200 in sponsorships for the Riverwood Benefit Horse Show, staffed the bake sale, and have volunteered their time in service projects. "This is only the beginning!" Chip says. Bonefish will host and provide our Volunteer Appreciation



lunch in December. Also, we are discussing an exciting new spring fund raiser that Bonefish will host and donate their food, time, staff and beautiful restaurant for the Riverwood cause.

We rely on this kind of generosity from our community supporters and local businesses to continue our programs. Please go enjoy a fantastic dinner at Bonefish Grill and be sure to find their staff Riki, Beth, Dore or Chip and thank them for their support!

### A Special Thank You To

Sun Printing Co. for sponsoring and printing this issue of our newsletter.

Marilu Jason for assisting us with selling used tack items at the annual Equestrian Exchange in Raleigh and the Rummage Tack Sale at the benefit horse show in Clemmons. Thanks to our community for the donations of tack over the past several months. We raised over \$1000 from selling those items at the sales. We collect tack throughout the year so please consider us a destination for your gently-used unwanted horse items.

Riverwood board member John Church and the Pfizer Team who pressure washed stalls, cleaned cabinets in the arena and cleared the trails.

Dore, Beth, Riki and Jessie of Bonefish Grill for spending several hours at Riverwood creating our Halloween trail.

Davis Collins for choosing Riverwood to do his Eagle Scout project. Davis along with his troop members constructed a manure compost bin.

Marie Petty for keeping the garden groomed and free of weeds along with providing lots of TLC to our chickens. Marie is also "the bag lady". Marie, along with Cindy Martin, diligently organize and submit our Southern States "SHOW" program feed bag labels. If you are using Southern States feed and would like to help raise funds for Riverwood by saving bags, let us know and we will come pick up your empty feed bags!

Meredith Abernathy for choosing Riverwood for her Girl Scout Gold Award project. Meredith along with her family and friends created a rain garden on the north end of the barn that had poor drainage. Meredith turned this area into a beautiful garden bordered with rocks from our woods and planted with bushes and trees that like "wet feet". She also added some plants to the memory garden in front of the barn as well as a beautiful arbor.

Cindy Martin for volunteering her time and resources to create the fair booth that won 2nd place and a check for \$125.

### Wish List

- Southern States Legends 11 pellets
- Equi-min mineral blocks
- Pine stall pellets (bagged)
- Toilet tissue
- Paper towels
- Copy/ink jet paper
- #10 envelopes
- Laying mash (chicken feed)

### True GRIT Thank You

This past summer, Riverwood partnered with several area health and wellness professionals to offer an empowering opportunity for teenage girls with disabilities and their parents. The True GRIT participants were given a wealth of information about independence, healthy eating habits, mental health wellness and personal growth. Parents were given the chance to voice their questions, and opinions, and seek out advice from each professional on a weekly basis. This program could not have taken place without the exceptional help and assistance from the following folks: Angela Gallagher, Debra Benfield, Terry Shupbach-Gordon and Dr. Doreen Hughes. Each of these women volunteered their time and energy to the program and we are deeply grateful for their support.

### Souper Bowl 2011

Salem Kitchen is donating their delicious vegetarian, white chicken and meat chili to support Riverwood! All chili must be pre-ordered with Riverwood by February 1 – call 922-6426 or download the order form from Rivewood's website. All orders must be picked up between 9 and 4 at Salem Kitchen on Saturday, February 5.

### Necklaces

Do you need a meaningful gift that also gives back to your community? Riverwood proudly offers the custom-made Share the Ride pendant, a sterling silver necklace crafted locally by Deva Fine Jewelry.



Proceeds benefit Riverwood, and all necklaces come in a special Deva jewelry bag. Order today!

# Riverwood Contributors

Since August 2010

Thank you all....We hope we haven't missed anyone. Your continued support is appreciated.

Blevins Baldwin  
Kaplan Early Learning Company  
Modern Automotive Network  
Reynolds American Foundation  
– Matching Donations  
Whole Foods Market  
Richard & Elka Card  
Audrey & Brian Smith  
Michael & Suzanne York  
John & Mary Schultz  
F.T. & Nancy Holcher  
NC Amateur Quarter Horse Assoc.  
Toby Gordon  
Terry Shupback-Gordon  
Steve & Susan Hubbard  
Pfizer Foundation Volunteer Program  
HandsOn Northwest North Carolina  
Highland Presbyterian Church  
Marty & Jim Williams  
James & Nancy DeVenny  
Kathryn Garner  
Glenda MacKeen  
Patricia Baker  
Kay Brown  
Louis & Pam Divan  
Julia & Wayne Hauser

James and Sherry Stancliff  
Bob & Sally Kenny  
Carolyn & Michael Rush  
Bruce & Melissa Stanley  
Lovell's Little Bits  
Cynthia & Aaron Williams  
Beth & Sandy Baldwin  
Carolyn & John Myracle  
Sue Hungerford  
Mr. & Mrs. Andrew J. Schindler  
David & Jill Lowe  
Sharon & Boyd Creasy  
Ilene & Jaime Trujillo  
Bo & Kathy Brookby  
Jo Nerhood  
Sharon & James McGrath  
Lee & Jeffrey Schwall  
Lori & Jeffrey Bailey  
Jane & Richard Marvin  
Danny & Chris Herko  
Charles & Tricia Williams  
Trinette Kirkman  
Jane North  
Gregory & Anne Epting  
Craig & Brenda Stewart  
Mel & Jennifer Williams

John and Mary Schultz  
Marilyn and Lamar Parker  
Scott & Amy Herman  
Julia Gilliam  
John and Ina Owen  
Linda Taylor  
Vickie Newell  
Billy Joe and Kathryne Ireland  
Kris & L.G. Southard  
Premier Edition Equestrian, Inc.  
Donald & Sharon Smith  
Dottie and Glenn Pennington  
Rebecca Hurd  
Mt. Tabor UMC – Circle 9

---

## In Memory Of

Jane Eldridge  
by Arlene O'Brien  
Shirley Cheney  
Peter Tibbetts  
Carl Monroe  
Kathryn Wheeling Ebert  
by Henry A. Ebert  
Larry Worley's horse Mark of Perfection  
by Vickie Newell, DVM  
Linda Simmons-Mansfield's horse  
Windjammer by Vickie Newell, DVM  
Ursula Young's horse Little Man  
by Vickie Newell, DVM  
Tracey Murtaugh by Vickie Newell, DVM  
John Woosley by Kathryn Petty  
Katie Berrong by Kathryn Petty  
Our Dog Clyde by the Kosloske Family  
Max Phaup by Kathryn Petty  
Luke Wilson by Jane and Bree Hendrick  
Yogi by Vickie Newell, DVM

---

## Student Sponsors

Student sponsorships are \$1000 a year and supplement costs that are not covered by tuition, including scholarships.

Chris and Danny Herko  
Dr. Vickie Newell  
Teresa Dampier

---

## Buddy Memorial Fund

Martha Key

---

## LTD Donations

Pat Baker

---

## In Honor Of

Peter Tibbetts by Arlene O'Brien  
Kathryn Barnhill by Shirley Cheney  
Glenn Kimball by Peter Tibbetts  
Pam Sheehan by Peter Tibbetts  
Barry Doyle by Peter Tibbetts  
Erica Jones by Tammy Joyce  
Mr. & Mrs. Johnny Burke  
by Mindy Engstrom  
Mr. & Mrs. Larry Ross  
by Mindy Engstrom  
Mr. & Mrs. Herb Hall  
by Mindy Engstrom  
Amanda Tanner & Nate Plageman  
by Mindy Engstrom  
Martha Key by Seeker's Class,  
Parkway Presbyterian Church  
Dr. Vickie Newell by Katie Manning  
Hilary Kosloske  
by Robert and Jane Gibson  
Mary & Gary Krall  
by Mindy Engstrom  
Alison Peeler by Mindy Engstrom

Sue Wearn by Mindy Engstrom  
Milton & Judy Smith by Martha Key  
Wade & Jeanne McManus  
by Martha Key  
Mr. & Mrs. Jack Geis  
by Alice Hinman  
Mr. & Mrs. Todd Jackson  
by Alice Hinman  
Rose Davis by Shirley Clark  
Joshua Harden by Judy James  
Kyle & Marie Petty  
by Laura & Grant Williard  
Nancy Hancock by Hilary Kosloske  
Deborah Wishon  
by Riverwood Board of Directors  
Mo Ogburn  
by Riverwood Board of Directors  
Vickie Newell by Pat Baker  
Nina Phaup by Kathryn Petty  
Jeni and West Fowler  
by Amy Morrow  
Rose Davis  
by Mr. and Mrs. Randy Casstevens

## Horse Sponsors

Horse sponsorships are \$1000 a year and help with their cost and care.

Angel - The Hubbard Family  
Angel - The Piedmont Kiwanis Club  
Blaze - Kyle and Marie Petty  
Boomer - Doreen Hughes  
Boomer - Diane Behar  
Fits - Jane Marvin  
Flash - George & Eleanor Wilson  
Flash - Kerri Crater  
Gator - Andrea Bostic's 5<sup>th</sup> Graders at  
Old Richmond Elementary School,  
in honor of Hilary Kosloske  
Gator - Mariam Wright,  
in honor of Dr. Vicki Newell,  
Greystone Veterinary Clinic  
Ibby - The Hines family  
King - David and Jennifer Barksdale  
Pet - The Beauchamp Family  
Pet - Lovell's Little Bits  
Sassy -  
Thomas -  
Tony - Courtney Czarnecki  
*As the cost of keeping our horses increases, we  
hope to have at least two sponsors for each horse.  
Please consider sponsoring a horse.*

## Gifts in Kind

Kevin Grissler – electrical work in barn  
Mary Margaret Ogburn – Assistance  
in registering RTRC logo  
Mike & Cynthia Walker  
– 23 bales of fescue hay  
William & Marie Davis  
– 67 bales of hay  
Tom Bryan – Painted Barn Doors  
Susan Peatross – New trash cans  
Suzanne Johnson – (2) Crosby saddles  
Henry Hinkle & Jody Attias of Staples  
– Paper Shredder  
Bonefish Grill  
– Staff Appreciation Dinner  
Kayla Vickland  
– Horse book for classroom

## Bluegrass Bash: A Stomping Success

**Event Sponsor:** Rick and Nancy Hancock **Trophy Sponsors:** Kelley Foundation, Inc.  
• Modern Automotive Network **Blue Ribbon Sponsors:** • Southern Community  
Bank and Trust • RMIC Corporation • Scott & Stringfellow • Salem Kitchen  
• The Mobile Doc, PLLC **Red Ribbon Sponsors:** • Hilary Kosloske • Ted and Julia  
Goins • Star H Equine Insurance • LTD Farm & Garden • Clemmons Milling Co.  
• Reel Shady • Kids in Motion Therapy Services • Grandview, Inc. • Piedmont  
Natural Gas • The Salem Group, Inc. • Forsyth Medical Center OB Anesthesia  
Dept • Collins Commercial Properties, Inc. **Yellow Ribbon Sponsors:** • Lindsay  
& Gardner, CPA's, LLC • Hendrick, Bryant & Nerhood, LLP • Abri Veterinary  
Hospital, Inc. • Temas Eye Center • Newbridge Bank • Karen and James Glasscock  
• Branch Banking & Trust Co. • First Citizens Bank • 2010 Riverwood Board of  
Directors • Stokes Tire and Automotive, Inc. • Lane Industries Racing • Good  
Times Barbeque • Integrated Advisory Services

**Other Bluegrass Bash Donations:** Five Guys Burgers and Fries - peanuts •  
Timberwolf Designs - Dance floor • David Reynolds, Below Zero Inc. - Dippin Dots

**Silent Auction Donors:** Adam Thomson – Forsyth Country Club • Alana  
Brahler – Forsyth Country Club • Amy Bronson • Andrea Mewhinney • Angie  
Redding – October Farms, LLC • Anne Grant – Anne Grant Photography •  
Barbara Bowman • Barbara Cullen • Betty Riddle • Bill Adams – Golden Apple  
• Caire Six – Winston-Salem Dash • Chip & Shea Crutchfield • Christine  
Timcheck • Cindy Martin • Daniel Prevette – Omega Sports • Dave Rogers  
– A-Tec Coatings • Dave Tosi • David Ogburn – Ogburn Stables & Ogburn  
Cowboy Images • David Powell – David's Cleaners • Davin Brown – Meg Brown  
Home Furnishings • Dawn Wick • Deb Holliday – Blue Heron Design • Dee  
Dee Fritts • Diane Behar • Diane Lawing • Donna Gentry – SciWorks • Doreen  
Hughes • Dr. Van Teague – Optometric Eye Care Ctr. • Eddie Shapira - River  
Birch Lodge Restaurant • Elizabeth Lenn • Ellon & Agnes Butler – All Through  
the House • Eve Norman – Handpainted by Eve • Gazoodles • Hilary Kosloske  
• Jackson Music • Jane Marvin • Janet Hano • Janet Higgins • Janet Reese  
• Jason Duggins – Goodtimes Bar-B-Cue • Jean Parker • Jeni Fowler • Jenny  
Hoang- City Nails • Jim Monroe • Joanna Elsner • Joe Paschal • Juanita Disher  
• Karen Everhart – Heritage Puzzle • Kathryn Petty • Kathylyn Barnhill • Vickie  
Kennington – Victoria Leigh Photography • Kim Doby • Lacy Azevedo • Laura  
Pallavicini • Lea Church Brendle – Simply Sterling • Lee Beatty • Linda Foster  
– Artful Expressions • Lisa Alley • Liz Baldwin • London Pickett • Lucia Foley  
– Group X Personal Training • Margot Searcy • Marie Petty • Marilu Jason •  
Mark Newman – Clemmons Milling Co. • Martha Key • Mary Stuart – Salon  
939 • Megan Thompson – Divine Llama Vineyard • Meredith Masten – Foothills  
Brewing • Mike Vaughn – Mike Vaughn Horseshoeing • Monica Cochrane – Ego  
Hour • Nancy Hancock • Nash Simonet • Nicole Henry – SalemSitters, Inc.  
• Nicole Litte – Starbucks • Pam Bohmo • Patricia West – Millstone General  
Store & Gallery • Patti McCormick – Mimi's Monograms • Robert Hill – A Light  
from Above Stained Glass • Robin Stevens – Polka Dots • Ron & Debbie Clark  
– Carolina Log Furniture • Rose Davis • Sheila Wilson – Wilson Lighting • Sue  
Nifong – Silverline Farm • Suzie Dixon – Southern Community Bank & Trust • The  
Briar Patch • Terry Huls • Terry Schupbach-Gordon • TJ Kennedy • Vickie Newell –  
Greystone Veterinary Service • Warren Mayer

## October Benefit Horse Show Class Sponsors:

Fowler Ruffin • 2010 RTRC Board of Directors • Greystone Veterinary Services • Andrea & Brad Underdal • Frances and  
Stephen Porter • Frank, Ashlie, Katherine, Christian & Stuart Martin • High Caliber Stables Hot Shots • Diane LeFevre  
– Winstille Farm • Neil Green Horseshoeing • October Farms, LLC • Liz Baldwin • Shane Williams – Vela Strategic  
Marketing and Public Relations • Hilary Kosloske • Beverly Duval - H.E.R.O. • Sherri Holloway – Coldwell Banker •  
Ken and Dianna Osborne • Anne Grant Photography • Tack on Wheels • Susan and Steve Hubbard • Dr. Karla Christy  
– Peak Performance Chiropractic • Elysian Equine • Ashley and Parker Peacock • Red Tail Ridge • Kristi Craver • JT  
Meyers – Allen Tate Realtors • Bill Schultz – Putters Patio and Grill • Bonefish Grill • Deerwood Farm • Laura, Chris &  
Caleb Pallavicini • Fullgraf Farrier Services • Kathylyn Barnhill, PT • West and Jenifer Fowler • Katie and Brian Murphy  
• McCall Pera & Mark Esstman • Barkley Manor • Lil Dave Ogburn Horseshoeing • Marian Smith • Chip and Dore  
Phillips • Robert & Caroline Goodwin • Greg and Beth Holthusen

Dear Friends,


My good friend and neighbor, who has a disability herself, recently shared with me her insights as well as experiences: "Young women with disabilities are an underserved population, not because they have disabilities, but because the community resources that address their specific needs, when it comes to their empowerment, are lacking." This perspective, along with some alarming statistics such as: 1 in 10 children are diagnosed with ADHD, the high school dropout rate for students with disabilities is approximately twice that of general education students, and 13% of children ages 8-15 have at least one mental health disorder, have all created for Riverwood a sense of responsibility to help meet some of these increasing needs of our community.

But, why Riverwood and why horses? After taking a course about ADHD, I was amazed to learn that one of the first recommended treatments was "green therapy." This simply means being outside and interacting with the natural world. For those challenged with a diagnosis like ADHD, or for someone suffering with fear, anxiety or a broken spirit, Riverwood offers an abundance of resources providing an interaction with creation that can nurture the spirit more than words can describe. Building relationships with the horses, mentors, elders and trained staff members, along with exposure to the natural world helps our clients to feel a sense of purpose, independence and motivation, allowing them to reach goals they may only have dreamed of.

Thank you for your support this year. I hope you will continue to find a place in your hearts for our students and horses so that we may continue to add programs and services to support the growing needs of our community's children and adults with special needs.

Peace,  
Susan

NON-PROFIT  
US POSTAGE PAID  
PERMIT 21  
LEWISVILLE, NC

 Riverwood Rider  
Riverwood Therapeutic Riding Center  
6825 Rollingview Drive  
Tobaccoville, NC 27050