

# Riverwood Rider

6825 ROLLINGVIEW DRIVE TOBACCOVILLE, NC 27050  
(336)922-6426 WWW.RIVERWOODTRC.ORG

DECEMBER 8, 2006  
VOLUME No. 26

## Therapeutic Riding: It's all about the Horses, Riders and Chicken????

As a therapeutic riding center we are always looking for ways we can improve the lives of others, whether they be human or animal. Our mission is to provide educational and nurturing opportunities to everyone who walks through our doors and quality, long-term and holistic care for ageing horses as well as a permanent home. Overall, we tend to nurture and love whatever walks through our doors... little did we know how far those principles would be tested over the last month!

It is important to this story that you know Riverwood is only a couple of miles from a business where chickens are placed on trucks to be moved for processing. One day, about four weeks ago, Steve Hubbard turned the corner from Riverwood heading to get hay with a truck and 26 foot trailer. He saw one lone white chicken on the side of the road. Steve turned the truck and trailer around, picked up the chicken and brought it back to the farm. For the rest of the day, the chicken sat on a nest of hay in a stall and looked into the distance with a rather terrified look in her eye. Her right leg was swollen and broken and her chest and rump were featherless from the asphalt skiing she did when she jumped from the truck. But, she was still *alive!*

All morning we wondered, what were

we going to do with a broken chicken? Wouldn't it be the most humane thing to take it to the vet and have her euthanized? When were we going to find time in our day to do THAT? How in the world were we going to find time to take care of SOMETHING ELSE?! Several hours passed and the schedule did not let up; all of a sudden it was evening. I was teaching my 5:30 class and saw Steve and volunteer Kyle Petty sitting in the stall with the chicken. From my view point in the arena, I could not tell that he was treating her leg and putting on a tiny cast, as well as tending her wounded belly and tail. It is probably important to mention that Steve is a doctor (the human kind!) and has a mobile practice that he runs from home, complete with a customized ambulance. This chicken was being treated in style!! When I left that evening she was eating voraciously and drinking water like crazy while trying to balance on a casted leg from knee to ankle.

Today Henny Penny is living large. She 'rules the roost' so to speak and is everywhere we are. When I put her up for the night in a stall, she nests in a corner with content little clucks every so often. When a group of school children arrive, they run to feed her clover and insects. They enjoy stroking her neck and back. When our timid students see her and can pet her

soft feathers, they look up and smile with awe and confidence as she clucks and chatters contentedly. When she feels unattended or lonely, she taps her cast



on the concrete for attention. If that doesn't work, she stands in the middle of the stall and screams as though she is being attacked. She seems to be enjoying her newly found 'free range' life! Everyone has adopted this crazy chicken as a part of the family.

So really, this chicken taught us all a few lessons about awareness, love, timing, fate and patience. She reminded us that finding time becomes less important when something or someone really needs help. Perhaps this chicken just got lucky and fell off the truck at a bump or corner, or perhaps she was looking for a better chance in her life and planned the entire escape!! No matter the reason, her story brings to light that which we are *all* looking for in life: someone to give us a chance and a little help sometimes and someone to believe

*(Henny Penny continued on page 2)*

## Calendar of Events

## **DATE TIME EVENT**

December 25- January 1 No Classes

February 3 9:00 AM-4:00 PM "Souper Bowl" Chili Fundraiser at Salem Kitchen (see page 2)

*(Henny Penny continued from page 1)*

that we are good enough no matter how we appear. I hope that these things come true in your lives this holiday season and throughout the New Year.

The next time you are here to visit come say hello to Henny Penny, she'll be happy to show you around her little slice of heaven! Happy Holidays!

Laura Pallavicini, Program Director

## *Frostbite Adult Horsemanship Series 2007*

This year, Riverwood will again be offering an opportunity for our volunteers and friends from the community to ride and learn about horses. For those of you who have taken part in the past, be prepared for really new and exciting curriculum and learning opportunities. For those of you who have never participated before, you are in for a treat! This is a great gift to give to a loved one, or yourself! Please hurry, as spots are limited and filling up quickly!

When: Tuesdays, December 19, 10-12 PM  
OR Fridays, December 22, 10-12 PM

The classes will take place over a ten-week session. This class is open to anyone interested in exploring the relationship of horse and human, beginners through advanced riders. The classes will include riding, groundwork, and off-site visits. We will investigate how horses bring us balance – both in and out of the saddle.

Cost:

\$300 for Riverwood Volunteers     \$350 for Non-Riverwood Volunteers

Send your deposit of \$150 by December 15 to reserve your spot!

The balance is due the first day of class.

(Cancellations other than medical are non-refundable unless another participant fills spot.)

Please call 922-6426 to sign up and get more information

## *Merry Christmas LTD Gift Tree*

This year, LTD Farm and Garden will, again, be hosting a gift tree for Riverwood. On the tree you will find tags for items such as horse feed and supplements. You can take a tag to the register and LTD will place that item into Riverwood's account. This is a wonderful way to give a gift to our horses that they can enjoy throughout the year! With the ever-increasing costs of feed, hay and horse care you can be sure that your gift will be well loved! Please visit the tree throughout the holiday season and help Riverwood's horses have a well-stocked feed room for the upcoming year! Thank you to the crew at LTD for supporting us again this year! To find out more information or directions, please call LTD at 983-4331 or visit them at

## *Welcome Lydia and Mary*

We are pleased to announce our newest staff members, Mary Burke and Lydia Gordon. Both Mary and Lydia have come on part time to help take care of the stable and the horses a few afternoons a week. Mary comes to us with an extensive horse and barn management background and we are excited to have her on board! Lydia first came to us as a volunteer and student and still volunteers once a week in addition to feeding and cleaning. Both Mary and Lydia will be here to help in the afternoons and some weekends each month. Thanks to both of them for helping to take care of our special farm!

## *Souper Bowl 2006*

On February 3 from 10:00 a.m. until 4:00 p.m., just in time for super bowl parties, Riverwood will have its annual soup sale pick-up. Orders will be taken from January 2- January 30. This year Salem Kitchen will be making chili, with a choice of meat or vegetarian, and all the fix'ins to go with it. Order forms will be available on the Riverwood web site January 2. All orders are take-out and will be pre-orders only. The only day to pick up chili will be February 3. We are so grateful to Ann and Jack Geis at Salem Kitchen for this special gift to Riverwood. Funds raised from the "Souper Bowl" will support Riverwood's therapy programs.

## *Welcome King*

This past July our newest horse arrived on the farm for a trial run in our program and has passed with flying colors! His name is Cabaña King and he is a solid black American Quarter Horse. He is 23 years old and about 15 hands tall. His owners, Jean and Charles Childers, generously donated him to us. Mr. and Mrs. Childers rode King for years all over NC and VA on trail rides and camping trips. He was also successful in the show ring as a western horse. He has a wonderful disposition and patience. He is fitting in quite well and has started helping our riders full time in the program. His quiet nature and calm presence makes him a wonderful addition to our herd! Thank you Mr. and Mrs. Childers for sharing



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931 Meadowbrook Dr. King, NC.

farm!

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him with us!

## Bluegrass Bash 2006

Thank you to all who attended, and made contributions to the Bluegrass Bash event this year. It was a huge success with nearly 300 in attendance. The funds raised at this events will help to provide therapeutic riding and farm experiences for 90 students per week and care for 10 therapy horses.

### Sponsors

Salem Kitchen	Kids In Motion Therapy Services
String Fever	LTD Farm & Garden
Joey Transou	Tristone Community Bank
Calvary Medical Transport	Shamrock Corporation
Star H Equine Insurance	Prudential/Carolinas Realty
The Mobile Doc	Coppolas Restaurant
First Citizens Bank	Modern Chevrolet
Collins Commercial Property	Drs. Chermak and Hanson
Southern Community Bank	Cannon & Company
Vernon Produce	Madeleine and Gordon Sheeran
Erickson Clinic of Chiropractic	Tamara and Virgil Davis
Orthopedic Specialists	

### Peter R. Kellogg Fund for Riverwood Therapeutic Riding Center

The Peter R. Kellogg Endowment Fund was established in September with a generous contribution from Mr. Peter Kellogg. The fund is designated to help provide fringe benefits to Riverwood employees. We are extremely grateful for Mr. Kellogg's vision and interest in Riverwood's mission. For contributions to the endowment fund please contact Susan at 922-6426.

### Elementary School Experiential Learning Program

We are so excited to have 6 students each from Mineral Springs and Bolton Elementary Schools in our experiential learning program. The students range from second grade to fifth grade and have been identified by their teachers and counselors to be "at risk". The children will experience The Black Stallion as we read aloud, and then extend our experience into the barn and with the horses. The children will learn about themselves and what it means to be both a friend and partner. They will also learn about leadership and horse care (chicken care too!). Our study and experiences this year will also include discussions and experiences related to geography, the environment and math associated with feeding horses and reading a feed chart

## A Leg Up at Grassy Creek

September 17, 2006 was the annual weekend fundraiser at beautiful Grassy Creek United Methodist Church in Virginia. The day was gorgeous and the service and lunch were equally as grand. This year appeared to be the biggest turnout and silent auction we have seen. Riverwood is fortunate enough to be a recipient of the funds from this event, along with Appalachian Therapeutic Riding Center. The weekend's festivities include a huge trail ride Saturday and a shorter ride and tractor ride to the New River on Sunday. The church members put on a huge lunch and the bluegrass bands make everyone smile! This year, we received the largest donation from this event yet, and we want to extend a huge thank you to the church and the community who all come together for such a big event. We can't wait to go back next year!

### Board of Directors

Jennifer Barksdale  
Rose Davis  
James Gore  
Nancy Hancock  
Deanna Hines  
Susan Hubbard  
Jane Marvin  
Victoria E. Newell, DVM  
Susan Peatross  
Sheila Royal  
Virginia Smith  
Keith Tart  
Donna Zayas

***Our Mission***

Riverwood's mission is to use well-trained horses for the purpose of providing equine oriented activities to people with disabilities thereby contributing positively to their lives by improving upon their cognitive, physical, emotional, and social well-being.

***Special Thank You***

We would like to extend a special thank you to Marie Petty and Bruce and Daniel Barnhill for some special projects they created for our center. Marie designed and created several beautiful cloth saddlebags that riders can use to hold toys, treasures, game pieces, etc... while riding and they fit perfectly over our horses' necks. She also created several covers to go over some of the helmets worn by our young riders during their lessons. Thanks, Marie! Bruce and Daniel designed, built and painted a sturdy bookcase for our library of book in the classroom. Now all the books are tidy and can be enjoyed by everyone! Thanks Bruce and Daniel!

## Riverwood Contributors since June, 2006

Thank you all... We hope we haven't missed anyone. Your continued support is appreciated.

Henry and Kathryn Ebert  
Sara Hollan  
Jim and Marty Williams  
Tom and Sue Peatross  
Sarah Harris  
Bruce and Bernie Clapp  
Jerrold and Mary Macmillan  
Pat and Sony Epting  
Terry Houston  
Kim Macon  
Michelle Tucker  
W. McNair Tornow  
Peter Cullen  
Flake and LuAnn Steele  
Interior Distributors, John R. Landry  
John and Fowler Ruffin  
Perry Ann Delapaz  
Mike and Carol Rush  
Bruce and Debra Holliday  
Bill Hege Carpets, Inc.  
David and Dawn Longman  
Pat Ingram  
Deborah Fitts  
Cook's Heating and Cooling  
Kevin Beeson  
Sharon and Boyd Creasy  
Will and Deni McIntyre  
Don and Sharon Smith  
Cliff and Courtney Tucker  
David and Patty Colonna  
Loflin Concrete Co., Inc.  
David Marshall/Medicap  
Pharmacy  
Marilyn Parker  
Wini and Bob Kniejske  
Barbara Bell  
Carolyn and John Miracle  
Bob and Sally Kenny  
Tamara Davis  
Sarah Maxey  
Sandra and Ted Irvin  
Russell and Ann Radford  
Mr. and Mrs. H. Brown Kimball  
Synthia Folwell  
Sheila and Bob Rustad  
James Gore  
Ann and Greg Epting  
Deena Dreyfuss  
Charles Hicks and Shawn  
Bowman-Hicks

Grassy Creek United Methodist  
Church  
Alicia and Richard Fields  
Kim Mann  
Sarah Heist  
Jane Wooten  
Mrs. Lewis Mowery Sr.  
Richard and Kim Macon  
Dana Strauch  
Trinette Kirkman  
Mr. and Mrs. Andrew Schindler  
Christy and Will Spencer  
Liz Albertson  
Old Town Veterinary Hospital  
Barry and June Amburn  
Highland Presbyterian Church  
The Carrolls  
Anne and Greg Epting  
Ashley and Cecilia Balman  
Lee Beatty  
Ann and Charles Williams  
C. Penn Craver  
Sammy and Penny Rothrock  
Montine and Robert Wilkinson  
Kristin and David Benson  
Greg and Lisa Carter  
Mr. and Mrs. Arthur Spaugh  
Cynthia Williams  
Mr. and Mrs. Jimmy Pettit  
Ann Hines  
Robert Price

**In Honor Of**

In celebration of the community  
ministry of Ardmore Baptist Church  
By: Michael Haywood

The 50<sup>th</sup> anniversary of Kenneth and  
Betty Vestal By: Billy and  
Carolyn Cain

Ellie Kangur By: W. McNair Tornow

Donna Crawford By: Beth Brannan

Charles Williams By: Windsor  
Garden Club

Nell Barksdale By: Nancy Wilson

Nancy Hancock's birthday By: Pam  
Boyle and Linda Gutierrez

### **In Memory Of**

Nite Lite By: Valerie Cobler

Emma Haverkamp By: Martha H. Key

Edward Timmerman By: Martha H.  
Key

Mrs. Patricia Oliver's mother, Teresa  
By: Martha H. Key

Carroll Miller By: Ray and Shirley  
Robbins

Lucille Couch By: Ray and Shirley  
Robbins

Brenda Gangwani By: Judy and G.C.  
Petree

**Bricks-In Honor or/In Memory Of**  
(Engraved brick pavers are placed in  
the Riverwood barn annex)

In Memory of Kevin M. Henfey By:  
Cecilia Balman

In Memory of Robert E. Ayd By:  
Cecilia Balman

In Honor of Toby & Nick Gordon By:  
Lydia Gordon

In Honor of Virgil W. Davis By: April  
Davis

In Loving Memory of Mr. V.B.  
Balman By: Martha Key

In Honor of Jessie & Casey Whaley  
By: LuAnn Spell

Mt. Tabor UMW Circle 9  
Ellie Kangur  
Greystone Veterinary Service

Rose Davis By: Randy and Deborah  
Casstevens



### ***Horse Sponsors***

*Beau - The Hubbard Family*

*Bon Bon - Lovell's Little Bits*

*Buddy - Mr. & Mrs. R.N. Key  
Debbie & Steve Owenby*

*Fits - Nell Barksdale  
Caryl Cullom  
Jane Marvin*

*Ibby - The Hines Family*

*King - LSB The Bank*

*Rocky - Vulcan Materials*

*Snapper - Sharp Chiropractic in honor of Matthew Sharp*

*Tony - Courtney Czarnecki in honor of Beb McIntyre  
Mr. & Mrs. Alan Kirby*

As the cost of keeping ageing horses increases we would like to have at least two sponsors for each horse. The cost of sponsoring a horse is \$1000.00 per year.

### **Volunteers Needed**

We will be starting our morning classes again in February and we will be in need of more volunteers at that time! If you, or someone you know, are interested in working with kids and horses and getting some exercise, this may be the spot for you! Morning classes run Tuesday through Friday from 10-11:30 AM. If you are interested in setting up an orientation and visiting the farm, please call the office at 922-6426. We hope to see you in February!

### **Special Sidewalkers & Loyal Leaders**

We would like to welcome the following volunteers to the Riverwood team. You are the heart of the program!

APO Service Fraternity - Wake Forest University	Debra Holliday
Lisa Allen	Austin Holloway
Jonathan Allen	Daniel Huber
Sarah Allen	Ursula Huygens
Carol Aylor	Hannah Jones
Meghan Babcock	Anna Kassouf
Phyllis Babcock	Joanne Ledit
Suzzy Babcock	Kristen Mayer
Amber Ball	Josh Moore
Nila Bledsoe	Cole & Yvonne Newsome
Phyllis Branch	Kim O'Neill
Adrienne Davis	Addie Sharp
Kathy, Taylor and Sarah Euliss	Elizabeth Story
Billie Harmon	Tiffany Vestal
Ann Hensel	

## RESPONSE TO RIVERWOOD

- I am interested in becoming a Riverwood volunteer
- I would like to refer a rider
- I would like to request a speaker for my organization: \_\_\_\_\_
- I would like to make a donation of \$ \_\_\_\_\_
  - Payment Enclosed
  - or  To be made by (month/year) \_\_\_\_\_

(Gifts may be cash, stock, or in-kind contributions such as materials or supplies. For stock or in-kind gifts, please contact Susan Hubbard, Executive Director, at 336-922-6426 to coordinate your gift.)

Name: \_\_\_\_\_  
Street: \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_  
Phone : \_\_\_\_\_

All contributions are fully tax deductible within the limits of federal and state laws.  
Please make all checks payable to RIVERWOOD THERAPEUTIC RIDING CENTER and mail to:  
Riverwood Therapeutic Riding Center \* 6825 Rollingview Drive \* Tobaccoville, NC 27050

# *Riverwood Rider*

6825 Rollingview Drive  
Tobaccoville, NC 27050

Presorted STD  
Non-Profit  
US Postage Paid  
Permit 21  
Lewisville, NC

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Riverwood Rider

# Help Pave The Way For Riverwood Riders One Brick At A Time.....

Riverwood Therapeutic Riding Center is a magical place where miracles happen almost every day. We work with adults and children who have a variety of physical, emotional, mental and developmental disabilities. Through our riding programs, Riverwood TRC promotes confidence and improved self-esteem in addition to improved balance, muscle tone, cognitive, and behavioral skills. In other words, Riverwood TRC helps change lives.

By purchasing a brick you will help to provide therapeutic riding activities in our community. The bricks will be laid on the floor of the annex in our indoor riding facility.

### Personalized Brick Order

Purchaser's name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Daytime Phone (    ) \_\_\_\_\_ Date \_\_\_\_\_

Please print name as it is to appear on brick. Each brick will have up to three lines of engraving with up to 15 characters per line. Print only one character (inc. punctuation mark or space) per box. Names of individuals, groups, companies, pets, etc. are welcome.

\_\_\_\_\_ # of bricks at \$50 ea. = \$ \_\_\_\_\_ my check payable to Riverwood is attached

Please return form to: Riverwood TRC, 6825 Rollingview Drive, Tobaccoville, NC 27050 (For more than one brick, print additional information on separate sheet and attach)

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